

## Inspiration Guide

Please make sure to read the enclosed Ninja® Instruction booklet prior to using your unit.

## Your guide to Combi Meal Making

Introducing Ninja Combi - the versatile all-in-one multi-cooker, oven and air fryer that does it all.

Use Ninja Combi like a hob, an oven or even an air fryer. Its clever design combines two heating elements at the top and bottom, plus a powerful convection fan that effectively cooks and crisps food. While a large door offers easy access to food – before, during and after cooking.

Need to feed a crowd quickly? Make a fuss-free meal for up to 8 people using the 15-minute\* Combi Meals function. It's also perfect for a family of four – make plenty to enjoy leftovers or batch cook for easy meals during the week.

Read on to learn more about how easy it is to use Combi. Plus find recipes to get you started and handy cooking charts for tips on using popular, everyday ingredients.



www.ninjatestkitchen.co.uk

\*excludes preheat



		7	3	A CONTRACTOR OF THE OWNER OWNE	and the second second
Contents					
Getting Started					4
Combi Cooker Function	ons				6
Air Fry/Hob Function	6 Con				7
Combi Meals Build Your Combi Meal Rice/Pasta Cooking Charts Soy Honey Glazed Salmon with Brown Rice & Broccoli Chicken Fajitas with Rice & Beans Spinach & Cheddar Quiche with Garlic Baby Potatoes (V) Sweet & Sour Prawns with "Fried" Rice Chicken Thighs with Creamy Mushrooms & Tarragon Rice Tomato, Olive & Meatball Penne with Garlic Bread Greek Falafel with Creamy Spinach Orzo (V) Prosciutto-Wrapped Cod with Roasted Mediterranean Veg & Quinoa					
Combi Crisp Rosemary Focaccia Loaded Baked Pota Cooking Charts					30 31 33
Combi Bake Pain Au Chocolat (V Apple Cake (V) Chocolate Cheeseca					39 42 44 45
Air Fry Crispy Parmesan Broccoli (V) Classic Mac & Cheese Bake (V) Chicken & Leek Pie Loaded Deep-Dish Pizza Spinach & Ricotta Lasagna Bake (V) Cooking Charts					
Hob Slow-Cooked Bolog	nese Sauce				61 63
JESETARIAL	VEGAA	HUT-FREA	OUTEN-FRIE	outry-Freek	

## Getting Started What's a SmartSwitch?

The SmartSwitchlets you effortlessly switch between **Combi Cooker** mode and **Air Fry/Hob** mode. Choosing the right mode helps ensure the perfect cooking conditions for your specific dish or meal.



### Combi Cooker

Best for 3-part meals, whole roasts, fresh and frozen proteins, root vegetables, no-drain pasta and rice, and bread making.

**TIP:** Ventilate your kitchen as needed with an exhaust fan or open window, as vent may release steam during cooking.

# COMBI MEALS COMBI CRISP COMBI BAKE RICE / PASTA STEAM PROVE

### Air Fry/Hob

Use for traditional baking like cookies and brownies or use like a hob for sautéing veggies or slow cooking chilis and stews. Also great for your favourite frozen snacks like chicken nuggets, fries, and more.



REHEAT

- SLOW COOK
- SEAR / SAUTÉ



### **Included** accessories



**Bake Tray** Use by itself or pair with the Combi Pan for 3-part meals. Nonstick.



Nonstick, high-walled bake, roast, and

steam pan designed to double as

a serving dish. Nonstick.

**Crisper Plate** Fits in the Combi Pan for all-around crisping. Nonstick.

NOTE: Accessory colour may vary by model. Refer to Instruction Booklet for further cleaning & maintenance tips.

5

## Combi Cooker Functions



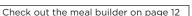
Super-heated steam and rapid cyclonic air cook food fast, prove and steam across 6 functions.

**COMBI CRISP** 

#### **COMBI MEALS**



Mains and sides done at the same time with infused steam and cyclonic air.



Get juicy insides and crispy outsides with whole roasts, fresh or frozen proteins and veggies.



Our steam and rapid cyclonic air create a high rise, even texture, fluffy inside and even crust.

PROVE

#### STEAM



Gently cook delicate foods at high temps to retain moisture. flavour. and nutrients.



Perfectly cooked pasta and fluffy rice.

Create an environment for dough to rest and rise.

## Air Fry/Hob Functions

An air frying element and hot plate circulate hot air for fast cooking, searing and more.

**AIR FRY** 







Cook with high heat to brown foods and melt cheese.

Give foods crispiness and crunch with little to no oil.

SEAR/SAUTÉ

Prepare classics like cookies and brownies. casseroles, and other oven favourites using dry heat only.

**SLOW COOK** 

BAKE

#### REHEAT



Revive leftovers by gently warming them, leaving you with crispy results.



Brown meats, sauté

vegetables, and simmer

sauces. Keep door open

for this function.



Cook at a lower temperature for longer periods of time.

FOR SEAR/SAUTÉ AND SLOW COOK. REMOVE THE CRISPER PLATE AND COOK DIRECTLY IN THE COMBI COOKER PAN.

7



The fast and easy way to create perfect meals all in one appliance

### **Combi Meals**



Use our meal builder on page 12 to make quick, 3-part family-sized meals in 15 minutes.\*

### **Combi Crisp**



Get juicy insides and crispy outsides with whole roasts, fresh or frozen proteins, and veggies.

### **Combi Bake**



Our steam and rapid cyclonic air create a high rise, even texture, fluffy inside, and even crust.

## Combi Meals

Follow our meal builder to create guick, 3-part family meals in as little as 15 minutes\*.



**BEST FOR:** Cooking proteins, grains or pasta. and vegetables at the same time

## How to make a Combi Meal



STEP 1







STEP 4 Preheat & Steam

#### Add in grain or pasta Prep & season protein Set the time & temp Add grain or pasta into the Combi Pan with recommended amount of liquid. Stir until combined and slide pan into Level 1.

Prepare your desired protein, then place protein on the Bake Tray and slide into Level 2.

STEP 2

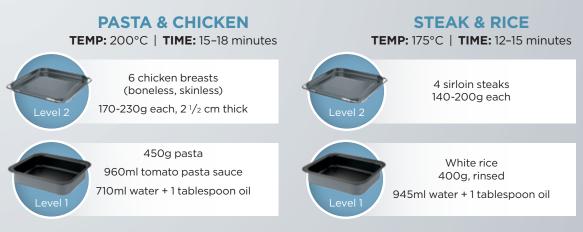
Flip the SmartSwitch up to COMBI COOKER and select COMBI MEALS. Set time and temp based for 5-10 minutes. Do not

STEP 3

After you press start, progress bars will appear while the unit builds steam open the unit at this time. The timer will automatically begin after this process ends.

Adding veggies Add fresh or frozen veggies into the Combi Pan in Step 1, or in the Bake Tray in step 2 for a crisp finish. Reference Pasta and Rice chart for additional options on page 14.

## Get started with these favourites



\*Excluding preheat

		Pick a Base Start by adding your grain or pasta to the Combi Pan. Add water, stock, or sauce and stir until combined. Slide pan into Level 1.	Combi Meals 2 Deck your Vegetable Prep up to 300g of veggies from fresh or frozen and cook depending on your desired texture. Season to taste.	Builder 3 Pick Your Protein Prepare your desired protein, then place it on the Bake Tray. Slide Bake Tray into Level 2 and close the oven door. Brush non-breaded proteins with oil.	Get Cooking Flip the SmartSwitch up to COMBI COOKER and select COMBI MEALS. Set temperature and time based on protein.	
Combi Meals	Elevate Flavour Marinate or season proteins to taste ahead of cooking.	WHITE RICE 400g, rinsed 945ml water + 1 tablespoon vegetable oil	CRISPY VEGGIES 300g, fresh or frozen	CHICKEN 6 chicken breasts (boneless, skinless) 170-230g each, 2 ½cm thick 6 chicken thighs (boneless, skinless) 85-140g each 6 chicken thighs (bone in, skin on) 140-200g each	CHICKEN Breasts and thighs (fresh or frozen) 200°C 15-18 minutes Breaded chicken cutlets 190°C, 12-15 minutes	Finishing Touches Finish meal with suggested or favourite toppings.
	MARINADE OF CHOICE	EASY COOK BROWN RICE 400g 415ml water	FOR BEST RESULTS • Add hearty veggies, like potatoes and carrots, to the Bake Tray at the start of cooking.	5-6 chicken breasts (frozen) 140-230g each 6 chicken cutlets (frozen, breaded) 140-200g each	BEEF	SALT / PEPPER FRESH HERBS
	BBQ SEASONING TACO OR FAJITA	GIANT COUSCOUS 570g 945ml water + 2 tablespoons vegetable oil	OR • Add delicate veggies, like broccoli and green beans, in the last 5-7 minutes.	BEEF 4 sirloin steaks 140-200g each Minced beef	Steaks and fresh or frozen meatballs 175°C for 12–15 minutes	SEASON SALSA TOASTED NUTS OR SEEDS
	SEASONING FRESH CITRUS JUICE AND OR ZEST	QUINOA 400g, rinsed 830ml water		900g, broken into chunks or patties Meatballs (fresh or frozen) 18-24 each, 2 ½-4cm balls	SEAFOOD Salmon and prawns (fresh or frozen) 175°C for 12–15 minutes	PICKLED VEGETABLES GAUCAMOLE OR AVOCADO TZATZIKI
	ITALIAN SEASONING GREEK SEASONING	WILD RICE 340g 830ml water + 2 tablespoons vegetable oil		6 salmon fillets (fresh or frozen) 140-230g each Jumbo prawns (fresh or frozen) 680g	PLANT-BASED Tofu or plant-based beef 175°C for 12-15 minutes	SOURED CREAM DRESSING, VINAIGRETTE OR HOT SAUCE
	CHINESE 5 SPICE SEASONING	WHITE OR WHEAT PASTA 450g	300g, fresh or frozen FOR BEST RESULTS • Add all your veggies to the Combi Pan along with your grains and liquid.	PLANT-BASED Plant-based beef 2 packages, 340g each Tofu 1 package, 450g	Plant-based sausages 190°C for 12-15 minutes	HOUMOUS CHEESE OF CHOICE GREEK YOGURT
-	Combi Mosla	PLAIN PASTA 1L water + 1 tablespoon oil TOMATO PASTA SAUCE 900g tomato pasta sauce 710ml water + 1 tablespoon oil FOR ALFREDO SAUCE 900g alfredo sauce 590ml water	<b>NOTE:</b> To keep veggies separate from proteins but still have them turn out crispy, see instructions on page 18 for creating a foil packet.	cut in 2 ½-5cm cubes or sticks	<b>NOTE:</b> Temperatures and times are based on well-done proteins. Keep and eye on food for desired doneness.	uostions2 niniakitskonmo som

12 Combi Meals

Combi Meals

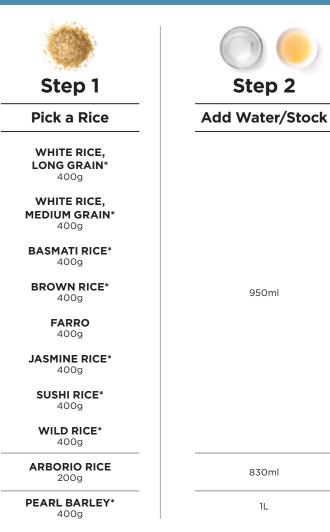
## Our Favourite Combi Meals

FEED UP TO 6-8 WITH OUR	Lebanese Spiced Chicken Bowl with Herbed Couscous	Salmon with Pea & Lemon Risotto	Beef Taco Bowls	Teriyaki Tofu with Jasmine Rice	Tandoori Chicken Skewers with Spiced Basmati Rice
FAVOURITE COMBI MEALS!					For the second sec
Pick a Base Start by adding your grain or pasta to the Combi Pan. Add water, stock, or sauce and stir until combined. Slide pan into Level 1.	570g giant couscous 945ml water or stock 2 tablespoon vegetable oil	200g Arborio Rice 830ml stock 150g frozen peas Zest of 1 lemon	400g easy cook long grain rice 415ml water 2 x 400g tinned black beans, drained	400g jasmine rice 900ml water	400g basmati rice 900ml water or stock 1 cinnamon stick 3 cardamom pods ½ teaspoon turmeric
<b>Pick your Vegetable</b> Prep up to 300g of veggies from fresh or frozen and cook depending on your desired texture. Season to taste.	1 aubergine, cut in 2cm cubes	300g asparagus	1 pepper, chopped in 1cm pieces 1 red onion, chopped in 1 cm pieces 1 tablespoon olive oil	150g asparagus 150g tenderstem	1 pepper and 1 red onion, cut in 3 cm cube
<b>3</b> Pick Your Protein	8 boneless, skinless chicken thighs (125-150g)	4-6 salmon fillets (fresh or frozen) 140-230g	500g minced beef or plant-based mince	450g tofu, cut in 2cm cubes	6 boneless, skinless chicken thighs (125-150g)
Prepare your desired protein, then place it on the Bake Tray. Slide Bake Tray into Level 2 and close the oven door. Brush non-breaded proteins with oil.	1 tablespoon Sharwarma spice mix, 1 tablespoon vegetable oil	Lemon juice, fresh garlic, seasoning	2 tablespoons taco seasoning, 1 teaspoon dried oregano	Teriyaki marinade	Tandoori paste/marinade
Get Cooking Flip the SmartSwitch up to COMBI COOKER and select COMBI MEALS. Set temperature and time based on protein.	Cook at 200°C For 15-18 mins	Cook at 175°C For 12-15 mins	Cook at 150°C For 10 mins	Cook at 175°C For 12-15 mins	Cook at 200°C For 15-18 mins
Elevate Flavour Marinate or season proteins to taste ahead of cooking.	Top with hummus, Greek yoghurt, tahini, fresh parsley, pomegranate, lemon wedge	Top with Parmesan, chopped cherry tomatoes & basil	Top with salsa, guacamole, sour cream, grated cheese, taco shells	Top with spring onions, avocado, pickled red onion, chilli	Serve with Mint yoghurt, cucumber, tomato & onion salsa, mango chutney

14 Combi Meals

## **RICE CHART**

Combine your preferred rice and water or stock in the Combi Pan. Slide pan into Level 1 and follow Step 3 directions to get cooking.



Step 3
Get Cooking
Flip the SmartSwitch up t COMBI COOKER, select RIG PASTA, the unit will default illuminate RICE. Press STAI STOP to start cooking.
<b>Note:</b> Unit will display a progress bar indicating cool When cooking is complete count-up timer will display unit will switch to Keep Wa
<b>Note:</b> For best results, ensure all rice/grain is cove with liquid prior to cookin
Want to make it a mea Use grains as a base for your combi meal (se chart on pages 12 and 13

## **PASTA CHART**

Combine your preferred pasta and water or sauce in the Combi Pan. Slide pan into Level 1 and follow Step 3 directions to get cooking.



450g

CHICKPEA PASTA

450g

EGG NOODLES

340g bag

**GLUTEN FREE** 

450g

**PROTEIN PASTA** 

440g

**RED LENTIL** 

450g

**RICE PASTA** 

340g

TOMATO PASTA SAUCE 910g tomato pasta sauce 710ml water 1 tablespoon oil

> 850g alfredo sauce 600ml water

Note: For best results. ensure all pasta is covered with sauce/liquid prior to cooking.



Want to make it a meal?

Use pasta as a base for your combi meal (see chart on pages 12 and 13).

**TIP:** Allow pasta to sit for 5 minutes after cooking, then stir to combine and serve.

16

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**Pick Preparation** 

PLAIN 1L water 1 tablespoon oil

ALFREDO



Step 3

**Get Cooking** 

Flip the SmartSwitch up to COMBI COOKER, select RICE/ **PASTA**, use **TIME/TEMP** arrows until **PASTA** is illuminated on the display, press **START/STOP** to start cooking.

Note: Unit will display a

progress bar indicating cooking.

When cooking is complete, a

count-up timer will display and

unit will switch to Keep Warm.

### *Kickstarter* Soy Honey Glazed Salmon with Brown Rice & Broccoli



BEGINNER RECIPE ●00

**Combi Meals Kickstarters** 

PREP: 10 MINUTES | TOTAL COOK TIME: 23 MINUTES | STEAM: 10 MINUTES | COOK: 13 MINUTES MAKES: 4-6 SERVINGS | ACCESSORIES: COMBI PAN, ALUMINIUM FOIL, BAKE TRAY

LEVEL 1 (Combi Pan) 400g easy cook brown rice 415ml water

**Prefer white rice?** Swap brown rice for 400g of rinsed white rice with 945ml water.

LEVEL 2 (Bake Tray) 120ml soy sauce 80ml honey

2 tablespoons olive oil

4 garlic cloves, peeled,

finely chopped

INGREDIENTS

 tablespoon ginger, grated
 teaspoon chilli paste
 4-6 fresh or frozen salmon fillets (170g each)
 215g broccoli florets
 Sea salt and ground black pepper, as desired

#### DIRECTIONS



1 Place all Level 1 ingredients in the Combi Pan and stir to combine. Slide the pan into Level 1. 2 In large bowl, whisk soy sauce, honey, olive oil, garlic, ginger, and chilli paste until combined. Remove 2 tablespoons of mixture and reserve in a small bowl. Place the salmon in the large bowl and evenly cover in sauce.

allow to sit for 5

minutes.

bowl, toss broccoli in ger, the reserved soy sauce l mixture until evenly 2 coated. Transfer to ture piece of aluminium all foil and wrap to non create a foil packet approximately ce, 25cm long and 10cm wide. Set aside.

3 In a separate large

**4** Transfer 1 <sup>1</sup>/<sub>2</sub> tablespoons of the marinade to the Bake Tray, then place the salmon onto the tray. Slide the tray into Level 2.

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.



5 Close door and flip the SmartSwitch to COMBI COOKER.



6 Select COMBI MEALS, set temperature to 175°C and set time to 13 minutes. Press START/ STOP to begin cooking (the unit will steam for 10 minutes before cooking). When 7 minutes remain on the timer, place foil packet of broccoli onto the tray with the salmon to complete cooking.



7 When cooking is complete, remove the tray and pan from the unit. Fluff the rice and serve with salmon and broccoli. Season with salt and pepper, as desired.

> **Tip:** Cook time is for well-done salmon. Keep an eye on food for desired cook level.

### Kickstarter **Chicken Fajitas with Rice & Beans**

BEGINNER RECIPE ● 0 0

PREP: 10 MINUTES | TOTAL COOK TIME: 20 MINUTES | STEAM: 10 MINUTES | COOK: 10 MINUTES MAKES: 6-8 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

LEVEL 1 (Combi Pan) 400g white rice, rinsed 2 cans (425g each) black beans, drained, rinsed 1 tablespoon vegetable oil 945ml water 2 tablespoons lime juice 30g coriander, finely chopped

LEVEL 2 (Bake Tray) 2 red peppers, seeded, thinly sliced 1 white onion, peeled, thinly sliced 1 tablespoon olive oil 2 teaspoons ground cumin Sea salt and ground black pepper. as desired 680g skinless chicken breast, sliced in 1cm strips 1 tablespoon fajita seasoning

**TOPPINGS** (Optional) Hard or soft tortillas Sour cream Salsa Grated cheese

Prefer a plant-based recipe?

R

#### DIRECTIONS



1 Place all Level 1 ingredients. except the lime juice and coriander, in the Combi Pan and stir to combine. Slide the pan into Level 1.



2 In a large bowl, toss the peppers, onion, olive oil, cumin, salt, and pepper until evenly combined. Then place ingredients on one side of the Bake Tray.



3 In the same large bowl, combine the chicken and faiita seasoning. Then place on the other side of the Bake Tray. Slide the tray into Level 2.





**4** Close door and flip the SmartSwitch to COMBI COOKER.

6 When cooking is complete,

5 Select COMBI MEALS. set temperature to 150°C and set time to 10 minutes. Press **START/STOP** to begin cooking (the unit will steam for 10 minutes before cooking).



remove tray and pan from

veggies and juices in large

bowl and stir to combine.

coriander to rice, if desired.

and fluff to serve. Serve

ingredients family style with soft tortillas or hard-

the unit. Place chicken,

Add lime juice and

shell tacos.

What if your base isn't done?

f your base needs more ime, switch to SEAR/ SAUTÉ and continue to cook with the door open until liquid is absorbed.

21

## **SPINACH & CHEDDAR QUICHE** WITH GARLIC BABY POTATOES



#### BEGINNER RECIPE ● 0 0

PREP: 15 MINUTES | TOTAL COOK TIME: 35 MINUTES | STEAM: 5 MINUTES | COOK: 30 MINUTES | MAKES: 6-8 SERVINGS ACCESSORIES: COMBI PAN, CRISPER PLATE, BAKE TRAY, 20CM LOOSE BOTTOMED TART TIN

#### INGREDIENTS

#### LEVEL 1 (Combi Pan, Crisper Plate)

240ml water, for steaming

320g ready rolled puff pastry, room temperature

6 large eggs

60ml single cream

 $\frac{1}{2}$  white onion, peeled, thinly sliced

110g grated cheddar cheese, divided

100g spinach, roughly chopped

Sea salt and ground black pepper, as desired

#### LEVEL 2 (Bake Tray)

600g baby potatoes, cut in half

2 tablespoons sunflower oil

1 tablespoon garlic powder

Sea salt and ground black pepper, as desired

#### Don't forget to add liquid to create steam and cook food.

#### DIRECTIONS

- 1 Pour 240ml water in the Combi Pan for steaming, then place Crisper Plate into pan with water and set aside.
- **2** Place ready rolled pastry in the tart tin, pressing into the bottom and trimming to fit as needed.
- **3** In a medium bowl, whisk together the eggs and single cream. Add the onion, 55g cheddar cheese, spinach, salt, and pepper and stir to evenly combine. Pour the mixture into the prepared tart tin, then top with the remaining cheddar cheese. Place the quiche on top of the Crisper Plate in the Combi Pan and slide into Level 1.
- **4** In a large bowl, add the potatoes, oil, garlic powder, salt, and pepper and toss until evenly coated. Place the potatoes on the Bake Tray, then slide the trav into Level 2.
- **5** Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI MEALS. set temperature to 175°C and set time to 30 minutes. Press START/STOP to begin cooking (the unit will steam for 5 minutes before cooking).
- 6 When 15 minutes remain on the timer, remove tray with potatoes and toss to ensure even cooking. Return trav to unit close door, and allow potatoes to cook for 10 more minutes. When 5 minutes remain, remove the potatoes and set aside.
- 7 When cooking is complete, guiche will be puffy and jiggly in the centre, allow to cool for 5 minutes. Eat warm or at room temperature with potatoes. The guiche can be stored for up to 3 days in the refrigerator.





### SWEET & SOUR PRAWNS WITH "FRIED" RICE

BEGINNER RECIPE ●00

PREP: 5 MINUTES | TOTAL COOK TIME: 22 MINUTES | STEAM: 7 MINUTES | COOK: 15 MINUTES MAKES: 4-5 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

LEVEL 1 (Combi Pan)

300g white rice, rinsed

710ml water

#### LEVEL 2 (Bake Tray)

600g frozen jumbo prawns, peeled, deveined

100ml sweet and sour sauce

210g tinned cubed pineapple

1 tablespoon rice vinegar

1 tablespoon vegetable oil

2 teaspoons cornflour

1 red pepper, seeded, cut in 2 ½cm pieces

3 spring onions, thinly sliced

2 tablespoons soy sauce, plus more as desired

2 teaspoons sea salt

**Prefer a plant-based recipe?** Substitute 680g pressed firm tofu cut into 1½cm cubes for the <u>prawns.</u>

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.

Don't forget to add liquid to create steam and cook food.

#### DIRECTIONS

- 1 Place the Level 1 ingredients in the Combi Pan, then slide the pan into Level 1.
- 2 In a large bowl, toss all Level 2 ingredients until evenly combined. Then transfer the ingredients to the Bake Tray and spread into an even layer. Slide tray into Level 2.
- 3 Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI MEALS, set temperature to 175°C and set time to 15 minutes. Press START/ STOP to begin cooking (the unit will steam for 7 minutes before cooking).
- **4** When cooking is complete, remove tray and pan. Transfer the prawns and vegetables to the rice and serve prawns on top of rice. Serve with additional soy sauce, if desired.



## CHICKEN THIGHS WITH CREAMY MUSHROOMS & TARRAGON RICE

BEGINNER RECIPE ● ○ ○

PREP: 10 MINUTES | TOTAL COOK TIME: 20 MINUTES | STEAM: 3 MINUTES | COOK: 17 MINUTES MAKES: 4-6 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

#### LEVEL 1 (Combi Pan)

2 tablespoons vegetable oil

250g frozen green beans

350g white rice

2 teaspoons dried tarragon

830ml water

#### LEVEL 2 (Bake Tray)

6 boneless skinless chicken thighs, patted dry

1 can (300g) cream of mushroom soup

1 tablespoon garlic powder

170g sliced baby chestnut mushrooms

Sea salt and ground black pepper, as desired

2 teaspoons cornflour

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.

What if your base isn't done? If your base needs more time, switch to SEAR/SAUTÉ and continue to cook with the door open until liquid is absorbed.

Don't forget to add liquid to create steam and cook food.

#### DIRECTIONS

- 1 Place all Level 1 ingredients in the Combi Pan and stir to combine. Slide the pan into Level 1.
- **2** Place all Level 2 ingredients in a large bowl and mix until the chicken is evenly coated. Transfer the mixture to the Bake Tray and spread in an even layer, then slide the tray into Level 2.
- Close door and flip the SmartSwitch to COMBI
   COOKER. Select COMBI MEALS, set temperature to 190°C and set time to 17 minutes. Press START/
   STOP to begin cooking (the unit will steam for 3 minutes before cooking).
- **4** When cooking is complete, remove tray and pan. Allow chicken to rest for 5 minutes. Whisk the creamy mushroom sauce until combined, then serve with chicken and rice.



### TOMATO, OLIVE & MEATBALL PENNE WITH GARLIC BREAD

BEGINNER RECIPE ●00

PREP: 10 MINUTES | TOTAL COOK TIME: 22 MINUTES | STEAM: 9 MINUTES | COOK: 13 MINUTES MAKES: 6-8 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY, ALUMINIUM FOIL

#### INGREDIENTS

#### LEVEL 1 (Combi Pan)

500g penne pasta

900g tomato pasta sauce

830ml water

- 100g pitted black olives
- 1 tablespoon vegetable oil

Sea salt and ground black pepper, as desired

#### LEVEL 2 (Bake Tray)

- 450g pre made, fresh, meatballs 1 tablespoon vegetable oil 56g unsalted butter, softened 1 clove of garlic, peeled and crushed 1 tablespoon parsley, roughly chopped Sea salt and ground black pepper, as desired
- $^{1/_{2}}$  baguette, cut in half lengthwise

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.

### Don't forget to add liquid to create steam and cook food.

What if your base isn't done? If your base needs more time, switch to SEAR/SAUTÉ and continue to cook with the door open until liquid is absorbed.

#### DIRECTIONS

- 1 Place all Level 1 ingredients in the Combi Pan and stir to combine. Slide the pan into Level 1.
- **2** In a medium bowl, evenly coat the meatballs in oil then place on one side of the Bake Tray.
- **3** In a small bowl, add the butter, garlic, parsley, salt, and pepper and mix to evenly combine. Spread the butter mixture over inside of the baguette, wrap each piece of bread with aluminium foil, place butter side up on Bake Tray. Slide the tray into Level 2.
- Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI MEALS, set temperature to 190°C and set time to 13 minutes. Press START/STOP to begin cooking (the unit will steam for 9 minutes before cooking).
- 5 When cooking is complete, remove tray and pan. Stir the pasta and let sit for 5 to 10 minutes or until the sauce is absorbed.
- **6** When the pasta is ready, serve with meatballs and garlic bread.

**TIP** If using frozen pre made meatballs, increase cook time by 3-4 minutes.

**Prefer a plant-based recipe?** Use vegan butter and plant based meatballs. Cook as instructed.



### GREEK FALAFEL WITH CREAMY SPINACH ORZO

BEGINNER RECIPE ●00

PREP: 10 MINUTES | TOTAL COOK TIME: 20 MINUTES | STEAM: 8 MINUTES | COOK: 12 MINUTES MAKES: 4-6 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY

### INGREDIENTS

LEVEL 1 (Combi Pan)

450g orzo pasta

1L water

100g fresh spinach, packed

2 teaspoons sea salt

2 tablespoons fresh parsley, chopped

120ml tzatziki

40g crumbled feta

LEVEL 2 (Bake Tray)

8-12 frozen falafel

#### **TOPPINGS** (optional)

Tzatziki

- Cucumbers
- Fresh Parsley
- Hummus

Roasted red peppers

**Prefer a plant-based recipe?** Make this a vegan dish by using vegan feta and tzatziki.

Don't forget to add liquid to create steam and cook food.

#### DIRECTIONS

- 1 Place the orzo, water, spinach and salt in the Combi Pan and mix until combined. Slide pan into Level 1.
- **2** Place falafel patties on Bake Tray and slide the tray into Level 2.
- 3 Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI MEALS, set temperature to 175°C, and set time to 12 minutes. Press START/STOP to begin cooking (the unit will steam for 8 minutes before cooking).
- **4** When cooking is complete, remove tray and pan. Stir parsley, tzatziki, and feta into orzo. Serve falafel with creamy orzo and desired toppings.



## PROSCIUTTO-WRAPPED COD WITH ROASTED MEDITERRANEAN VEG & QUINOA

INTERMEDIATE RECIPE ••O

PREP: 10 MINUTES | TOTAL COOK TIME: 20 MINUTES | STEAM: 5 MINUTES | COOK: 15 MINUTES | MAKES: 6 SERVINGS ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

LEVEL 1 (Combi Pan)

300g quinoa, rinsed 850ml water

<sup>1</sup>/<sub>2</sub> teaspoon sea salt

2 tablespoons extra virgin olive oil

#### LEVEL 2 (Bake Tray)

6 cod fillets (120-140g each) 6 slices prosciutto

2 medium courgettes, halved and cut into 1cm slices 200g cherry tomatoes, washed and pierced 3 tablespoons extra virgin olive oil

3 garlic cloves, peeled and finely crushed

Juice of ½ lemon

1 teaspoon fine salt

50g pitted black olives 6 tablespoons pesto, for serving



#### DIRECTIONS

- 1 Place all Level 1 ingredients in the Combi Pan and stir to combine. Slide the pan into Level 1.
- **2** Wrap each cod fillet in a slice of prosciutto and place onto one side of the Bake Tray. On the other side of the Bake Tray add the courgettes and cherry tomatoes.
- **3** In a small bowl, mix the olive oil, garlic, lemon and salt. Drizzle mixture over the cod and vegetables ensuring to coat everything evenly. Slide Bake Tray into Level 2.
- 4 Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI MEALS, set temperature to 220°C, and set time to 15 minutes. Press START/STOP to begin cooking (the unit will steam for 5 minutes before cooking).
- **5** When 5 minutes remain on the timer, open door and scatter the olives onto the Bake Tray. Slide the tray back into unit and close the door to continue cooking.
- **6** When cooking is complete, remove the tray and pan from the unit. Allow the cod to rest for a few minutes. Fluff the quinoa with a fork, then serve with the cod and vegetables. Top with a spoonful of pesto, as desired.

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.

Don't forget to add liquid to create steam and cook food.

## Combi Crisp

Get tender, juicy insides and crispy outsides with fresh or frozen ingredients.



**BEST FOR:** Whole roasts, fresh and frozen proteins, vegetables, and crusty artisan-style breads.

## How to use Combi Crisp

#### STEP 1

#### Add water

Pour water into the Combi Cooker Pan. Refer to charts and recipes for guidance on water amounts.

#### Water levels

Veggies: 120ml of water Fresh proteins: 240ml of water Frozen proteins: 475ml of water

#### STEP 3

#### Choose accessory &

STEP 2

accessory.

add food

Then place food on top of

Reference cooking charts and recipes to chose appropriate accessory.

#### NOTE

#### Set time & temp

Flip the SmartSwitch up to COMBI COOKER and select COMBI CRISP. Set time and temp based on food load or recipe.

After you press start, progress bars will appear while the unit builds steam for approx. 5-10 minutes. Do not open the unit at this time. The timer will automatically begin after this process ends.

## Get started with these favourites





## **ROSEMARY FOCACCIA**

INTERMEDIATE RECIPE •••

PREP: 10 MINUTES | PROVE: 40 MINUTES | TOTAL COOK TIME: 24 MINUTES | STEAM: 4 MINUTES COOK: 20 MINUTES | MAKES: 8 SERVINGS | ACCESSORIES: COMBI PAN, CRISPER PLATE, FOODI ZEROSTICK 22CM ROUND CAKE TIN OR 22CM ROUND CAKE TIN

#### INGREDIENTS

240ml water, for steaming

Nonstick cooking spray

400g strong bread flour, plus extra for kneading

1 sachet fast action/easy bake yeast

1 ½ teaspoons sea salt

4 tablespoons extra virgin olive oil, divided

250-300ml lukewarm water

Rosemary sprigs

Flaked sea salt, for sprinkling on top

#### DIRECTIONS

- 1 Pour 240ml water into the Combi Pan for steaming. Place the Crisper Plate on top then spray the cake tin with cooking spray. Set aside.
- **2** In a large bowl, add the flour, yeast, salt and 2 tablespoons olive oil. Gradually mix in the lukewarm water with a spoon or your hands until the dough starts to form a ball. It may be a bit sticky.
- **3** Spread the dough to roughly fit the prepared cake tin. Place the tin into the Combi Pan on top of the Crisper Plate. Slide the pan into Level 1.
- 4 Close door and flip the SmartSwitch to **COMBI COOKER**. Select **PROVE**, set temperature to 35°C and set time to 40 minutes. Press **START/STOP** and begin proving.
- **5** While the dough is proving, add remaining olive oil, rosemary and salt to a small bowl and mix together. Set aside.
- **6** When proving is complete, open the door and use your fingers to dimple the dough all over, and drizzle dough with olive oil mix. Then place the cake tin into the Combi Pan on top of the Crisper Plate.
- 7 Close the door and select **COMBI CRISP**, set the temperature to 175°C and set time to 20 minutes. Press **START/STOP** to begin cooking (the unit will steam for 3-4 minutes before crisping).
- **8** When cooking is complete, remove tray and pan from unit. Serve warm. Focaccia will keep fresh for up to 2 days in an airtight container at room temperature or frozen for 2 months.

## LOADED BAKED POTATOES

INTERMEDIATE RECIPE

PREP: 10 MINUTES | TOTAL COOK TIME: 50 MINUTES | STEAM: 10 MINUTES | COOK: 40 MINUTES MAKES: 5 POTATOES | ACCESSORIES: COMBI PAN, CRISPER PLATE

#### INGREDIENTS

- 400ml water, for steaming
- 4-5 (200-230g) baking potatoes,
- poked with fork a few times
- 110g grated cheddar cheese, divided
- 120ml whole milk
- 4 tablespoons sour cream
- Sea salt and ground black pepper, as desired

#### **TOPPINGS** (optional)

Grated cheddar cheese Soured cream Sliced, jarred jalapeños

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.

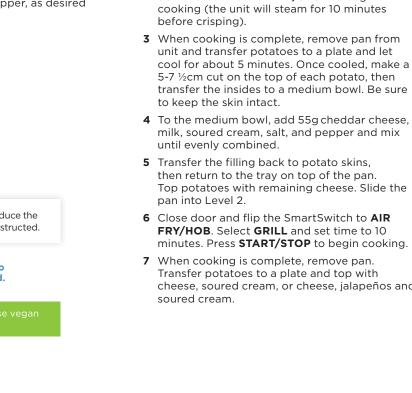
#### Don't forget to add liquid to create steam and cook food.

Prefer a plant-based recipe? Use vegan

#### DIRECTIONS

- 1 Pour 400ml water in the Combi Pan for steaming. Place the Crisper Plate on top, then place the potatoes on the Crisper Plate. Slide the pan into Level 1.
- **2** Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI CRISP, set temperature to 205°C and set time to 30 minutes. Press **START/STOP** to begin cooking (the unit will steam for 10 minutes before crisping).
- unit and transfer potatoes to a plate and let cool for about 5 minutes. Once cooled, make a 5-7 ½cm cut on the top of each potato, then transfer the insides to a medium bowl. Be sure to keep the skin intact.

Transfer potatoes to a plate and top with cheese, soured cream, or cheese, jalapeños and soured cream.





## Combi Crisp | Vegetables

Onn't forget to add liquid to create steam and cook food.

**NOTE:** Steam will take approximately 5-10 minutes to build.

Combi Crisping is a great way to get food that has a crispy exterior with a tender interior. Before placing the food and accessory into the unit, ensure that you've added water to the bottom of the Combi Pan. This is important to ensure that steam will be produced and get you those delicious results you desire.

	INGREDIENT	AMOUNT	PREPARATION	OIL optional	Accessory Config.	WATER	ТЕМР	COOK TIME
	VEGETABLES							
_	Butternut squash	1	Ends trimmed, seeded, cut into 10cm pieces	1 Tbsp	Combi Pan, Bake Tray	120ml	205°C	12-15 mins
_	Beets	680-900g	Cut in 2 ½cm pieces	1-1 ½ Tbsp	Combi Pan, Bake Tray	120ml	205°C	18-20 mins
34000	Broccoli	1½ head, (600-700g)	Large florets	1-1 ½ Tbsp	Combi Pan, Bake Tray	120ml	220°C	10-12 mins
	Brussels sprouts	680-900g	Cut in half, ends trimmed	2 Tbsp	Combi Pan, Bake Tray	120ml	220°C	10-12 mins
	Carrots	680g	Cut in 2 ½cm pieces	1½ Tbsp	Combi Pan, Bake Tray	120ml	220°C	18-22 mins
	Cauliflower	1 head,(600-700g)	Whole, stems removed	1 Tbsp	Combi Pan, Bake Tray	120ml	205°C	20-25 mins
	Parsnip	1kg	Cut in 2 ½cm pieces	1 Tbsp	Combi Pan, Bake Tray	120ml	205°C	20-25 mins
here		680-910g	Cut into 8 wedges	1 Tbsp	Combi Pan, Bake Tray	120ml	205°C	15-20 mins
Sol -	King Edward, Maris	680-910g	Hand-cut fries, soaked 30 mins in cold water then patted dry	1 Tbsp	Combi Pan, Bake Tray	120ml	230°C	15-20 mins
	Piper or Russet – potatoes hand-cut fries or wedges –	4-6 (200-230g)	Whole (medium), poked several times with a fork		Combi Pan, Crisper Plate	300ml	205°C	30-40 mins
		680-910g	Cut in 2 ½cm pieces	1 Tbsp	Combi Pan, Bake Tray	120ml	205°C	15-20 mins
	Sweet potatoes	1kg	Cut in 2 ½cm pieces	1 Tbsp	Combi Pan, Bake Tray	120ml	230°C	15-20 mins

## Combi Crisp | Fresh Proteins

Combi Crisping is a great way to get food that has a crispy exterior and a juicy interior. Before placing the food and accessory into the unit, ensure that you've added water to the bottom of the Combi Pan. This is important to ensure that steam will be produced and get you those delicious results you desire.

	INGREDIENT	AMOUNT	PREPARATION	OIL optional	Accessory Config.	WATER	TEMP	COOK TIME
Contra .	POULTRY							
	Chicken supreme, bone in, skin on	4 breasts, 340-680g each	Brush with oil	2 Tbsp	Combi Pan, Bake Tray	240ml	190°C	23-26 mins
	Breasts, boneless	6 breasts, 170-225g each	Brush with oil	2 Tbsp	Combi Pan, Bake Tray	240ml	190°C	15-20 mins
	Breasts, hand breaded	4 breasts, 170g each			Combi Pan, Bake Tray	240ml	195°C	22 mins
	Chicken drumsticks	910g	Brush with oil	2 Tbsp	Combi Pan, Bake Tray	240ml	220°C	20-25 mins
	Thighs, bone in	6 thighs, 170-285g each	Brush with oil	2 Tbsp	Combi Pan, Bake Tray	240ml	205°C	12-15 mins
	Thighs, boneless	6 thighs, 170-225g each	Brush with oil	2 Tbsp	Combi Pan, Bake Tray	240ml	205°C	10-12 mins
	Chicken, whole	2-2.3kg	Brush with oil	2 Tbsp	Combi Pan, Crisper Plate	240ml	205°C	35-40 mins
	Chicken wings	905g			Combi Pan, Bake Tray	240ml	205°C	20-25 mins
- He	FISH							
	Cod	4 fillets, 170g each		1 Tbsp	Combi Pan, Bake Tray	240ml	230°C	6-8 mins
	Salmon	6 fillets, 170-200g each		1 Tbsp	Combi Pan, Bake Tray	240ml	205°C	6-8 mins
	BEEF							
	Roast beef	910g-1.4kg	None	2 Tbsp	Combi Pan, Crisper Plate	240ml	175°C	37-40 mins
	Fillet	910g-1.4kg	None	2 Tbsp	Combi Pan, Crisper Plate	240ml	185°C	25-30 mins for medium rare

Don't forget to add liquid to create steam and cook food.

## Combi Crisp | Frozen Proteins



**NOTE:** Steam will take approximately 5-10 minutes to build.

Combi Crisping is a great way to get food that has a crispy exterior and a juicy interior. Before placing the food and accessory into the unit, ensure that you've added water to the bottom of the Combi Pan. This is important to ensure that steam will be produced and get you those delicious results you desire.

	INGREDIENT	AMOUNT	PREPARATION	OIL optional	Accessory Config.	WATER	TEMP	COOK TIME
and the set	FROZEN CHICKEN							
m	Breasts, boneless, skinless	4 breasts, 115-170g each	As desired	2 Tbsp	Combi Pan, Bake Tray	475ml	200°C	18-23 mins
	Salmon	5-6 fillets, 170g each		2 Tbsp	Combi Pan, Bake Tray	475ml	230°C	10-13 mins
	Prawns	450g		1 Tbsp	Combi Pan, Bake Tray	475ml	230°C	2-4 mins
	Thighs, bone in, skin on	4 thighs, 230-285g each	As desired	2 Tbsp	Combi Pan, Bake Tray	475ml	205°C	20-22 mins
	Wings	1kg	As desired	2 Tbsp	Combi Pan, Bake Tray	475ml	230°C	20-22 mins
11 71	FROZEN BEEF							
19AD	Sirloin steak	2 steaks, 285-400g each	2 Tbsp canola oil, salt, pepper		Combi Pan, Bake Tray	475ml	205°C	18-20 mins
de-	FROZEN FISH							
	Cod	4 fillets, 170g each		2 Tbsp	Combi Pan, Bake Tray	475ml	230°C	8-10 mins
	Salmon	5-6 fillets, 170g each		2 Tbsp	Combi Pan, Bake Tray	475ml	230°C	10-13 mins
	Prawns	450g		1 Tbsp	Combi Pan, Bake Tray	475ml	230°C	2-4 mins

## Combi Bake

Gentle steam and rapid cyclonic air combine to create fluffy, even bakes.



**BEST FOR:** homemade batters, boxed mixes, soft-baked breads, and delicate baked goods

## How to use Combi Bake

#### STEP 1

Pour water into the

configurations and

water amount below.

bottom of the Combi

Pan. Refer to accessory

Add water

### STEP 2

Add Accessories & food Set time & temp

STEP 3

Place ingredients directly on Flip the SmartSwitch up to **COMBI COOKER** and select standard baking accessory on **COMBI BAKE**. Set time and top of the Crisper Plate in the temp based on Combi Bake recommendations below.

After you press start, progress bars will appear while the unit builds steam for 20 minutes. Do not open the unit at this time. The timer will automatically begin after this process ends.

NOTE

*Note:* Mixes. prepared doughs, or recipes with cook times 15 minutes and under require 120ml water, cook times above 15 minutes will require 240ml water unless otherwise noted in recipe.

the Crisper Plate or on a

Combi Pan.

## Get started with these favourites

#### **BOXED CAKE MIX** TEMP: 175°C | TIME: 17 minutes



1 box (425g) cake mix of choice prepared per box instructions\*

\*20CM SQUARE BAKING TIN NOT INCLUDED. FITS ANY 22CM CAKE PAN.

240ml water

**Note:** Set temperature based on mix/recipe recommendation and cut suggested cook time in half. Keep an eve on food for desired doneness.



### PAIN AU CHOCOLAT

INTERMEDIATE RECIPE ••0

PREP: 15 MINUTES | TOTAL COOK TIME: 32 MINUTES | STEAM: 20 MINUTES | COOK: 12 MINUTES MAKES: 6 SERVINGS | ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

LEVEL 1 (Combi Pan)

120ml water, for steaming

#### LEVEL 2 (Bake Tray)

1 large egg

1 tablespoon water

1 (320g) sheet puff pastry

All-purpose flour, for dusting

1 (100g) chocolate bar, broken into individual pieces

#### DIRECTIONS

- 1 Pour 120ml water in the Combi Pan for steaming, then slide the pan into Level 1.
- **2** In a small bowl, beat together the egg and 1 tablespoon of water. Set aside.
- **3** Lay the puff pastry out on a lightly floured surface and cut into 6 equal rectangles.
- **4** Place 2 individual portions of chocolate bar onto the edge of each rectangle of dough.
- **5** Fold the dough over the chocolate to seal and place pain au chocolate seam side down on the Bake Tray. Brush each top with egg mixture and slide tray into Level 2.
- 6 Close the door and flip the SmartSwitch to COMBI COOKER. Select COMBI BAKE, set temperature to 175°C and set time to 12 minutes. Press START/STOP to begin cooking (the unit will steam for 20 minutes before baking).
- **7** When cooking is complete, remove tray. Serve immediately or store in an airtight container at room temperature for up to 3 days.

#### Don't forget to add liquid to create steam and cook food.

**Don't want chocolate filling?** Swap out the chocolate filling for other types of chocolates, jams, or custards to customize.

**Prefer a plant-based recipe?** Use vegan puff pastry and no egg wash.



## **APPLE CAKE**

INTERMEDIATE RECIPE ••0

PREP: 15 MINUTES | TOTAL COOK TIME: 45 MINUTES | STEAM: 20 MINUTES | COOK: 25 MINUTES | MAKES: 6-8 SERVINGS ACCESSORIES: COMBI PAN, CRISPER PLATE, FOODI ZEROSTICK 22CM ROUND CAKE TIN (OR 22CM ROUND CAKE TIN)

#### INGREDIENTS

180ml water, for steaming

140g unsalted butter, cubed, plus extra for greasing

200g self-raising flour (or plain flour with 2 teaspoons baking powder)

140g light brown soft sugar, plus 1 tablespoon

1 teaspoon ground cinnamon

2 medium eggs

2 tablespoons milk

2 eating apples, peeled, cored and chopped into 1cm pieces

Whipped or clotted cream, optional, for serving Vanilla ice cream, optional, for serving

#### DIRECTIONS

- 1 Pour 180ml water in the Combi Pan for steaming. Place the Crisper Plate on top and set aside until needed.
- **2** Grease cake tin with butter and line the base with a circle of baking parchment.
- **3** In a medium bowl, add the flour and butter and rub together with your fingertips until it resembles fine breadcrumbs. Mix in the brown sugar and cinnamon and then whisk in the eggs and milk until combined.
- **4** Fold in chopped apples and spoon the batter into the cake tin. Sprinkle 1 tablespoon brown sugar over the top.
- 5 Place the cake on top of the Crisper Plate. Slide the tray into Level 1. Close door and flip SmartSwitch to COMBI COOKER. Select COMBI BAKE, set temperature 160°C and set time to 25 minutes. Press START/STOP to begin cooking (the unit with steam for 20 minutes before baking). Check if cooked after 20 minutes (cooking is done when a skewer inserted comes
- out clean).
  6 When cooking is complete, remove pan. Let cake cool in cake tin for 10 minutes. Serve warm, or leave to cool completely. Serve with whipped cream or vanilla ice cream.



## CHOCOLATE CHEESECAKE

INTERMEDIATE RECIPE ••O

PREP: 15 MINUTES | TOTAL COOK TIME: 25 MINUTES | STEAM: 15 MINUTES | COOK: 10 MINUTES | MAKES: 8 SERVINGS ACCESSORIES: COMBI PAN, CRISPER PLATE, FOODI ZEROSTICK 22CM ROUND CAKE TIN OR 22CM ROUND SPRING FORM CAKE TIN

#### INGREDIENTS

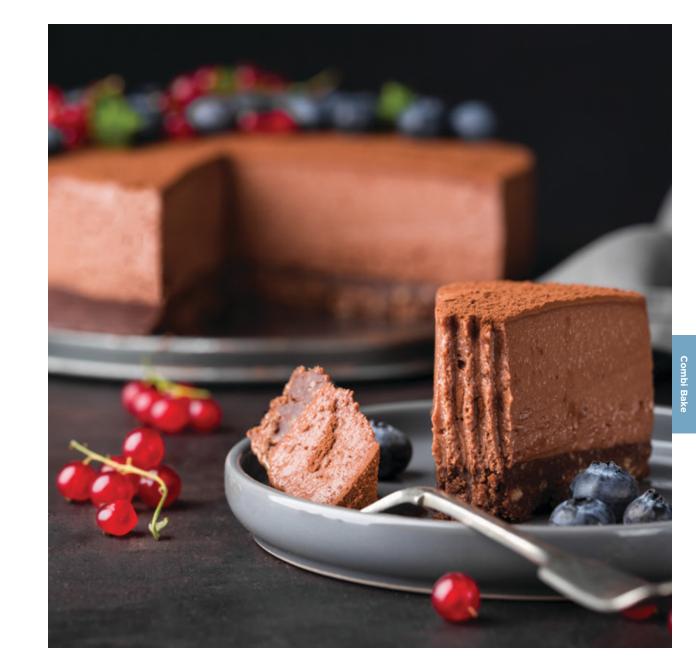
- 180ml water, for steaming
- 175g chocolate digestives
- 60g butter, melted
- 200g dark chocolate chips
- 125ml double cream
- 350g of cream cheese, room temperature
- 100g caster sugar
- 1 teaspoon vanilla extract

Whipped cream, optional

2 large eggs

- DIRECTIONS
  - 1 Pour 180ml water in the Combi Pan, for steaming. Place the Crisper Plate on top, set aside until needed.

- **2** Place chocolate digestives and melted butter into a food processor and process until a fine crumb. Press into the base of cake tin and set in freezer until needed.
- **3** In a medium, microwavable safe bowl, add chocolate chips and cream. Microwave on high for 1 minute. When chocolate is melted, mix and set aside.
- **4** In a large bowl, whisk the softened cream cheese for 2 minutes. When the cream cheese is fluffy, whisk in the sugar and vanilla extract.
- **5** Whisk in eggs one at a time, and then fold in the chocolate cream mixture.
- **6** When mixture is combined, pour it into the prepared cake tin, and place cake tin on the Crisper Plate. Slide the pan into Level 1.
- Close door and flip the SmartSwitch to COMBI COOKER. Select COMBI BAKE, set temperature to 175°C and set time to 10 minutes. Press START/STOP to begin cooking (the unit will steam for 15 minutes before baking).
- 8 When cooking is complete, remove pan from unit. Let cheesecake cool in cake tin for 20 minutes.
- **9** Remove the cheesecake from the cake tin and chill in the refrigerator for 8 hours or overnight. Enjoy with whipped cream!



Don't forget to add liquid to create steam and cook food.

## **Convection Mode**

Air Fry, Grill and more.



**BEST FOR:** Everything from baked cookies and melty pizza to fried favourites like fries and chicken wings.

## How to use Air Fry

### STEP 1

desired function.

#### STEP 2

#### Select function

**Choose accessory & add food** 

Flip the SmartSwitch down to AIR FRY/HOB and select

Use the table below to choose and arrange the accessories for your

function. Then add food.

Note: Be sure to monitor your food to avoid overcooking.

#### STEP 3 Set time & temp

Set time and temp and press START/STOP to begin cooking.



**Note:** Refer to box or recipe instructions, and reduce time by 25%. Keep an eye on food for desired doneness.

### **CRISPY PARMESAN BROCCOLI**

BEGINNER RECIPE ● 0 0

PREP: 10 MINUTES | TOTAL COOK TIME: 15 MINUTES | COOK: 15 MINUTES MAKES: 8 SERVINGS | ACCESSORIES: CRISPER PLATE, COMBI PAN

#### INGREDIENTS

- 85g grated Parmesan cheese, divided
- 700g broccoli cut in florets
- 2 tablespoons olive oil
- 2 teaspoons garlic powder
- 1 tablespoon balsamic vinegar
- Sea salt and ground black pepper, as desired

#### DIRECTIONS

- 1 Place Crisper Plate in the Combi Pan and set aside.
- 2 Place 45g Parmesan and all remaining ingredients in a large bowl and toss until evenly combined. Transfer ingredients onto Crisper Plate.
- 3 Flip the SmartSwitch to AIR FRY/HOB.
- 4 Select **AIR FRY**, set temperature to 200°C and set time to 15 minutes. Slide pan into Level 1. Press **START/STOP** to begin cooking.
- **5** When 8 minutes remain, open door and toss broccoli for 30 seconds. Close door to continue cooking.
- 6 When cooking is complete, remove the pan and toss broccoli with remaining Parmesan. Serve warm.

R

**TIP** For a smaller serving size, reduce the ingredients in half and cook as instructed.



## **CLASSIC MAC & CHEESE BAKE**

INTERMEDIATE RECIPE

PREP: 5 MINUTES | TOTAL COOK TIME: 27 MINUTES | PREHEAT: 3 MINUTES | COOK: 24 MINUTES MAKES: 6-8 SERVINGS | ACCESSORIES: COMBI PAN

#### INGREDIENTS

- 200g mature cheddar cheese, grated
- 200g Red Leicester cheese, grated
- 200g mozzarella, grated
- 1L whole milk
- 500ml water
- 500g macaroni pasta
- Sea salt and ground black pepper, as desired
- 56g butter, melted
- 60g panko bread crumbs

#### DIRECTIONS

1 Add cheeses, milk, water, pasta, salt and pepper to the Combi Pan and stir well to combine and set aside.

HUT-FREE

- 2 Flip the SmartSwitch to **AIR FRY/HOB**. Select **BAKE**, set temperature to 200°C, and set time to 20 minutes. Press **START/STOP** to begin preheating (the unit will preheat for 3 minutes before cooking).
- **3** When preheat is complete, open door and slide pan into Level 1. Close door to start cooking.
- **4** In a small bowl, mix the melted butter and panko bread crumbs together.
- **5** When cooking is complete, pull the pan out, stir the mac & cheese to combine, and sprinkle panko mixture evenly on top.
- **6** Slide the pan back into Level 1, select **GRILL**, set the time for 4 minutes, and press **START/STOP**.
- **7** When cooking is complete, pull the pan out and let the mac & cheese cool for at least 5 minutes before serving.



## **CHICKEN & LEEK PIE**

BEGINNER RECIPE ● ○ ○

PREP: 15 MINUTES | TOTAL COOK TIME: 26 MINUTES | PREHEAT: 3 MINUTES | COOK: 23 MINUTES | MAKES: 6-8 SERVINGS ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

56g unsalted butter

1 white onion, peeled,

finely chopped

125g frozen peas

125g fresh carrots, chopped in 1cm pieces

1 leek, thinly sliced

- 2 tablespoons fresh parsley
- 1 teaspoon dried thyme
- 30g all-purpose flour
- 475ml chicken or veggie stock
- 180ml single cream
- 1 (970g) cooked chicken, cut into bite-size pieces

Sea salt and ground black pepper, as desired Cooking spray

320g ready rolled puff pastry





#### DIRECTIONS

 Side the Combi Pan into Level 1. With the door open, flip the SmartSwitch to AIR FRY/ HOB. Select SEAR/SAUTÉ and set temperature to HI. Press START/STOP and let pan preheat in unit for 3 minutes.

X

- 2 After 3 minutes, using an oven mitt, carefully remove the pan, add butter, and let melt. Then add onion, peas, carrots, leeks, parsley and thyme. Return pan to unit and, with the door open, sauté for 5 minutes, stirring occasionally.
- **3** After 5 minutes, remove pan, add flour, and whisk until combined. Return pan to unit in Level 1 and, with the door open, cook for 1 minute, stirring occasionally.
- **4** After 1 minute, remove pan and whisk in stock and single cream. Return pan to unit, reduce heat to 3 and bring to a simmer until sauce has thickened, about 5 minutes.
- When the sauce has thickened, remove pan and stir in the chicken, salt, and pepper. Return pan to Level 1, close the door and select BAKE, select 180°C, and set the time to 15 minutes. Press START/STOP to begin preheating (the unit will preheat for 3 minutes before cooking).
- 6 Place puff pastry on Bake Tray, cut to fit if too large, and when unit is preheated, slide tray onto Level 2, close door, and allow and cook.
- 7 When cooking is complete, pastry should be golden brown. Remove pan from unit and place on top of cooked chicken mix.

**NOTE:** If you prefer to cook your own chicken, refer to the air fry cooking chart on page 60 for how to cook boneless chicken breast.

## LOADED DEEP-DISH PIZZA

INTERMEDIATE RECIPE ••O

PREP: 10 MINUTES | PROVE: 40 MINUTES | TOTAL COOK TIME: 21 MINUTES | PREHEAT: 3 MINUTES | COOK: 18 MINUTES MAKES: 6-8 SERVINGS | ACCESSORIES: COMBI PAN, CRISPER PLATE

#### INGREDIENTS

240ml water, for proving

Nonstick cooking sprav

- 450g pre-made pizza dough, room temperature
- All-purpose flour, as necessary for dusting
- Olive oil, as needed
- 225g grated mozzarella

100g pepperoni

- 1 green pepper, thinly sliced
- 1 white onion, peeled, thinly sliced
- 400g pizza sauce
- 40g grated Parmesan cheese



#### DIRECTIONS

- 1 Pour 240ml water in the Combi Pan, then place the Crisper Plate on top. Evenly coat tray with cooking spray. Work the dough into a ball, place on top of the tray, then slide the pan into Level 1.
- 2 Close door and flip the SmartSwitch to AIR FRY/ HOB. Select PROVE, set temperature to 35°C and set the time to 40 minutes. Press START/STOP to begin proving.
- **3** When proving is complete, remove pan with tray from unit. Transfer dough to a lightly floured work surface and roll dough into a rectangle 38cm long and 24cm wide.
- **4** Discard any remaining water from the pan and wipe clean. Brush the bottom and sides of the pan with olive oil. Transfer the dough to the pan, pressing into the corners and pulling up the sides as necessary. Evenly top with mozzarella cheese, pepperoni, peppers, onions, sauce, and Parmesan cheese.
- 5 Close door and flip SmartSwitch to AIR FRY/HOB. Select BAKE, set temperature to 205°C and set time to 18 minutes. Press START/STOP to begin preheating (the unit will preheat for 3 minutes before cooking).
- 6 When the unit is preheated open door and slide Combi Pan into Level 1. Close door to begin cooking.
- **7** When cooking is complete, remove pan and let pizza cool in pan before cutting and serving.





### SPINACH & RICOTTA LASAGNA BAKE

INTERMEDIATE RECIPE

PREP: 10 MINUTES | TOTAL COOK TIME: 18 MINUTES | MAKES: 6-8 SERVINGS ACCESSORIES: COMBI PAN, BAKE TRAY

#### INGREDIENTS

750g ricotta

250g mozzarella, grated, divided

175g Parmesan cheese, grated, divided

1 large egg

375g chopped frozen spinach, defrosted, water squeezed out

1/4 teaspoon grated nutmeg

1 tablespoon sea salt

1 tablespoon ground black pepper

Nonstick cooking spray

680g tomato pasta sauce, divided

1 box oven ready lasagna sheets, approximately 12 sheets

#### DIRECTIONS

- 1 In a large bowl, add the ricotta, 200g mozzarella cheese, 125g Parmesan cheese, egg, spinach, nutmeg, salt, and pepper and mix until well combined.
- 2 Evenly coat the bottom and sides of the Combi Pan with cooking spray. To build the lasagna, spread ¼ tomato pasta sauce on the bottom of the pan, layer 3 uncooked lasagna sheets (breaking apart if needed), then top with ¼ tomato pasta sauce and ½ prepared cheese mixture, repeat this process once more.
- **3** For the final layer, top 3 lasagne sheets with remaining sauce, remaining mozzarella, and remaining Parmesan. You should have 6 layers total.
- 4 Slide the pan into Level 1. Close door and flip the SmartSwitch to **AIR FRY/HOB**. Select **BAKE**, set temperature to 185°C and set time to 18 minutes. Press **START/STOP** to begin cooking.
- 5 When cooking is complete, remove pan from unit. Let lasagna cool for 5 minutes before cutting and serving.

## Air Fry Chart, Combi Pan + Crisper Plate, Level 1

AMOUNT

PREPARATION

TIP When using Air Fry, add 5 minutes to the suggested cook time for the unit to preheat before you add ingredients.

COOK TIME

TEMP

OIL

#### For best results, shake, toss, or flip often.

We recommend frequently checking your food and shaking, tossing, or flipping it to ensure desired results.

se these cook times as a guide, adjusting to your preference.

#### Shake/toss food or flip with siliconetipped tongs

Remove food immediately after cook time is complete and your desired level of doneness is achieved. We recommend using an instant-read thermometer to monitor the internal temperature of proteins.

INOREDIENT	Anoon	FREFARATION		I EPTF	COOK TIME
VEGETABLES					
Asparagus	1 bunch	Cut in half, trim stems	2 tsp	200°C	8-10 mins
Beetroot	6 small or 4 large (about 910g)	Whole	None	200°C	45-60 mins
Peppers (for roasting)	4 peppers	Whole	None	205°C	25-30 mins
Broccoli	1 <sup>1</sup> /2 head, (600-700g)	Cut in 2 ½-5cm florets	1 Tbsp	205°C	10-13 mins
Brussels sprouts	450g	Cut in half, trim stems	1 Tbsp	200°C	15-18 mins
Butternut squash	450-680g	Cut in 2 ½-5cm pieces	1 Tbsp	200°C	20-25 mins
Carrots	680g	Peeled, cut in 1 ½ cm pieces	1 Tbsp	200°C	14-16 mins
Cauliflower	1 head, (600-700g)	Cut in 2 ½-5cm florets	2 Tbsp	200°C	15-20 mins
Corn on the cob	6 ears, whole	Whole, remove husks	1 Tbsp	200°C	12-15 mins
Green beans	1 bag (340g)	Trimmed	1 Tbsp	200°C	7-10 mins
Kale (for chips)	500-750g, packed	Tear in pieces, remove stems	None	150°C	9–11 mins
Mushrooms	230g	Rinse, cut in quarters	1 Tbsp	200°C	7-8 mins
	910g	Cut in 2 ½cm wedges	1 Tbsp	200°C	20-25 mins
	450g	Hand-cut fries, thin	<sup>1</sup> /2-3 Tbsp canola	200°C	18-22 mins
Potatoes, russet	450g	Hand-cut fries, soak 30 mins in cold water then pat dry	<sup>1</sup> /2-3 Tbsp canola	200°C	24-27 mins
	4 whole (200-230g)	Pierce with fork 3 times	None	200°C	35-40 mins
	910g	Cut in 2 ½ cm chunks	1 Tbsp	200°C	15-20 mins
Potatoes, sweet	6 whole (170-230g)	Pierce with fork thoroughly	None	200°C	35-40 mins
Courgette	680g	Cut in quarters lengthwise, then cut in 2 $rac{1}{2}$ cm pieces	1 Tbsp	200°C	10-15 mins
POULTRY					
	2 breasts (340-680g)	Bone in	Brush with oil	190°C	22-28 mins
Chicken breasts	4-6 breasts (170-230g each)	Boneless	Brush with oil	190°C	22-25 mins
Chieles a thiste	4 thighs (170-285g each)	Bone in	Brush with oil	200°C	22-28 mins
Chicken thighs	4 thighs (115-230g)	Boneless	Brush with oil	200°C	18-22 mins
Chicken wings	1kg	Drumettes & flats	1 Tbsp	200°C	24-28 mins, flip halfway
Chicken, whole	1 chicken 1.8-2.7kg	Trussed	Brush with oil	190°C	55-75 mins
Chicken drumsticks	910g	None	1 Tbsp	200°C	20-22 mins

INGREDIENT

### Air Fry Chart, continued Combi Pan + Crisper Plate, Level 1

PREPARATION

AMOUNT

TIP When using Air Fry, add 5 minutes to the suggested cook time for the unit to preheat before you add ingredients.

COOK TIME

TEMP

OIL

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Shake/toss food
or flip with silicone-
tipped tongs

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BEEF					
Burgers	4 (115g burgers), 20% fat	2 ½ cm thick	None	190°C	10-12 mins
Steaks	2 steaks (230g each)	Whole	None	200°C	10-20 mins
FISH & SEAFOOD					
Fish cakes	6-8 cakes (170-230g each)	None	Brush with oil	175°C	10-13 mins
Salmon fillets	2 fillets (115g each)	None	Brush with oil	200°C	10-13 mins
Prawns	450g	Raw, whole, peel, keep tails on	1 Tbsp	200°C	7–9 mins
FROZEN FOODS					
Chicken nuggets	680g	None	None	200°C	11-13 mins
Fish fillets	1 box (6 fillets)	None	None	200°C	13-15 mins
Fish fingers	400g	None	None	200°C	9–11 mins
French fries	450g	None	None	180°C	20-24 mins
French mes	910g	None	None	180°C	26-30 mins
Chunky chips	500g	None	None	200°C	17 mins
Hash browns	8 (360g)	None	None	200°C	14 mins
Potato wedges	650g	None	None	200°C	15 mins
Roast potatoes	700g	Whole	Brush with oil	200°C	25-30 mins
Veggie burgers	4 (350g)	None	None	190°C	14 mins
Veggie sausages	6 (270g)	None	None	200°C	7-8 mins

INGREDIENT

## Hob Mode

Sauté, slow cook, and more with even and continuous bottom heat.



**BEST FOR:** Low and slow favourites like tender proteins, sautéed veggies, classic soups and stews

## How to use Hob

### STEP 1

#### **Select function**

Flip the SmartSwitch down to **AIR FRY/HOB** and select **HOB**.

### STEP 2

#### Add accessory and food

Follow accessory setup guidelines below. For SEAR/ SAUTÉ, preheat Combi Pan before cooking. For SLOW COOK, place food on pan before sliding pan into Level 1.

#### STEP 3 Set the time & temp

Press START/STOP to begin cooking. For SEAR/SAUTÉ, select a temp level between 1 and 5. A timer will count up on start.



#### **SEAR/SAUTÉ**

**SLOW COOK** 



**Note:** Preheat Combi Pan for 2-5 minutes. When using this function, you must keep the door open at all times.

## SLOW-COOKED BOLOGNESE SAUCE

INTERMEDIATE RECIPE ••O

PREP: 15 MINUTES | TOTAL COOK TIME: 4 HOURS 15 MINUTES | SAUTÉ: 15 MINUTES | COOK: 4 HOURS MAKES: 10 SERVINGS | ACCESSORIES: COMBI PAN

#### INGREDIENTS

#### 2 tablespoons olive oil

- 1 white onion, peeled, diced
- 2 celery stalks, diced
- 2 whole carrots, peeled, diced
- 3 garlic cloves, peeled, minced
- 2 tablespoons tomato paste
- 1kg minced beef
- 1 tablespoon Italian seasoning
- Sea salt and ground black pepper, as desired
- 2 (400g) tins of chopped tomatoes

180ml whole milk

#### DIRECTIONS

 Slide the Combi Pan into Level 1. With the door open, flip the SmartSwitch to AIR FRY/HOB. Select SEAR/SAUTÉ, and set temperature to HI. Press START/STOP and let pan preheat in unit for 2 minutes.

- **2** After 2 minutes, using an oven mitt, carefully remove the pan and add olive oil to evenly cover the bottom of the pan. Add onion, celery, carrots, and garlic. Return pan to unit and, with the door open, sauté vegetables for 6 minutes, stirring occasionally.
- After 6 minutes, remove pan and add tomato paste. Stir until evenly combined, return pan to unit and cook for 1 minute. Remove pan, add minced beef, Italian seasoning, salt, and pepper. Stir to combine. Return pan to Level 1 and cook until beef is browned, about 5 minutes.
- **4** Press **START/STOP** to turn off unit. Transfer the pan to a flat heat-safe surface, add tomatoes and liquid. With the back of a wooden spoon, break up the tomatoes, then whisk in milk, salt, and pepper until combined.
- 5 Return pan to Level 1 and close door. Select SLOW COOK, set temperature to HI and set time to 4 hours. Press START/STOP to begin cooking.
- **6** When cooking is complete, remove pan and serve bolognese over pasta.



Prefer a plant-based recipe? Use your

Notes	No	otes



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