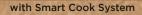


# QUICK START GUIDE & RECIPES





SCAN HERE for tips, how to videos and more recipes

Please make sure to read the enclosed Ninja Instructions prior to using your unit.

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www.ninjatestkitchen.eu



# **WHAT'S IN THE BOX**

#### NON-STICK GRILL PLATE

Use with every cooking function. Fits up to 2 full racks of ribs, 10 burgers, or 2 3kg whole chickens.



SAMPLE PELLETS

#### BUILT-IN PROBE

Continuously monitors the internal temperature of food for the perfect cook.

## WIRE

#### **MESH BASKET**

Ideal for Air Fry or Roast functions. Fits up to 1.8kg of food.

This unit is designed for outdoor use and is weather resistant. A stand and cover is available from **ninjakitchen.co.uk** 

#### REMOVABLE PELLET BOX

Comes installed in the unit. Always insert before adding pellets.



ON/OFF SWITCH

#### PELLET SCOOP

Designed to measure the perfect amount of pellets for one smoke session.

#### CLEANING

BACK OF

Allow unit and accessories to cool before moving and cleaning. Refer to page 6 in the instructions

Refer to page 6 in the instructions for more information.

2

# **GUIDE TO CONTROL PANEL**



**POWERING THE GRILL** To switch grill on, first plug in, check RCD plug and then ensure on/off switch at the back on the unit is switched on.

#### 

Rotate dial clockwise to select cooking function. NOTE: when display is illuminated, unit is on. When unit is not in use, ensure dial is in OFF position.

## **B** COOKING FUNCTIONS

Smoker, Grill, Air Fry and Roast

#### **C** WOODFIRE FLAVOUR

Automatically enabled when using the Smoker function. Press for all other functions to add smoky flavour. IGN will appear on the display when Woodfire is enabled.

NOTE: Selecting the Woodfire button when using the Smoker function will deactivate Woodfire for Smoker.

#### D TEMP

Use the  $\bigodot$  and  $\bigodot$  buttons to the left of the display screen to adjust your temperature.

#### **B** MANUAL

Switches the display screen so you can manually set the target temperature for the probe.

#### PRESET

Switches the display screen so you can select a preset target temperature for the probe based on food load and desired results. Use the arrows to the right of the display to select protein type and the arrows to the left of the display to select desired cook level.

#### 

Use the  $\overline{\bigcirc}$  and  $\overline{\bigcirc}$  buttons to the right of the display screen to adjust your time.

#### **B** START|STOP

**STEP 3** 

Press to start or stop the current cook function, or press and hold for 4 seconds to skip preheat.

**PREHEAT FOR BETTER RESULTS** For best grilling results, let the grill fully preheat.

## **CLEANING INSTRUCTIONS**

Allow unit and accessories to cool before moving unit and removing any accessories.

#### STEP 1

Remove built-in thermometer (if used) and wipe down with a damp cloth.

NOTE: The thermometer and holder are hand-wash only and should never be immersed in water or any other liquid.

#### STEP 2 Remove smoke box and

Remove smoke box and safely discard all cooled contents after each use. Use a wire brush to remove extra build up after every 10 uses. **DO NOT** use liquid cleaning solution on the smoke box. Carefully remove cooled grease tray from back of unit and safely discard grease contents after each use. Hand-wash grease tray in warm, soapy water.

#### STEP 4

Wipe down the inner lid with a damp cloth after each use to remove grease and deodorise unit. Remove grill plate and crisper basket (if used) after each use and hand-wash with warm, soapy water.



High-heat searing and char-grilling for steaks, burgers and more *Pages 16–31* 

## **BBQ SMOKER**



Low and slow smoking for BBQ classics like ribs and pulled pork Pages 34-39

## **AIR FRYER**



Guilt-free fried favourites, now outdoors *Pages 50-53* 

## ROAST



Tenderise meats, roast vegetables and more.

5



Just add pellets, select a cooking function, and press the WOODFIRE FLAVOUR button. The grill will do the rest.



SCAN HERE TO BUY MORE PELLETS

# NINJA woodfire pellets

# 100% REAL WOOD 100% AUTHENTIC SMOKY FLAVOURS

Use for FLAVOUR not FUEL so you only need 1 scoop per cooking session.

For best results, performance, and flavor, we suggest to use Ninja Woodfire Pellets. Ninja Woodfire Technology is meant to be used exclusively with Ninja pellets, as other brands may cause ignition issues and unsatisfactory results.

## 100% REAL WOOD NO FILLERS

Each pellet is a combination of premium hardwoods at the perfect ratio for optimal flavour.

## PREMIUM QUALITY FOR BEST SMOKE

Our wood pellets are high density and low moisture the perfect combo to create smoke.

## CONSISTENT FLAVOUR

The size and shape of our pellets are engineered for optimal air flow and consistent smoky flavour.

# **SMOKY FLAVOUR SCALE**

Our recipes are designed to be used exclusively with Ninja Woodfire Pellets.

# MILD



No matter which blend you choose, our pellets can be used with anything you make:

#### Ninya WODDFIRE PELLETS BLEAD Market and and a Burket and

RICH

**ROBUST BLEND** 

FLAVOUR: Rich, classic BBQ COMPOSITION: Hickory, cherry, maple, oak SUITABLE FOR: Beef, pork, lamb and chicken

## ALL-PURPOSE BLEND

FLAVOUR: Balanced, mild, sweet COMPOSITION: Cherry, maple, oak SUITABLE FOR: Fish, vegetables, fruits, plant-based proteins

## **TIPS & TRICKS**

No need to refuel<br/>while cooking, just<br/>throw 1 full scoop<br/>of pellets into the<br/>smoke box and the<br/>qrill does the rest.Certain foods<br/>like vegetables<br/>may absorb more<br/>smoky flavour<br/>than others.

We do not recommend using Ninja Woodfire Technology with frozen foods.

Wood ash is an excellent source of nutrients for plants. To use in your garden, lightly scatter ash (once cooled) on the soil or add it to your existing compost.

# **QUICK START GUIDE**

Using the Grill, Air Fry & Roast functions

## STEP 1 SET UP

- Place the grill on a level, flat surface like a garden table or stand.
- Open the lid and install the grill plate by positioning it flat on top of the heating element so it sits into place.
- Install the grease trav by sliding it into place at the back of the grill.



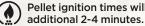
For easier, faster clean up, line the grease tray with the liner provided.

## **STEP 4 PREHEAT**

Let the grill fully preheat before adding food or this may lead to overcooking.

 Press START to begin preheating. If using WOODFIRE FLAVOUR TECHNOLOGY, the pellets will go through an ignition cycle (IGN), then the grill will begin preheating (PRE).

Preheat times by function: Grill: HI 8-12 | MED 6-11 | LO 5-9mins Air Fry, Roast: Approximately 5 mins



## **STEP 2** ADD PELLETS

## DON'T WANT SMOKE?

- Choose a flavour All Purpose or Robust.
- Using the pellet scoop, fill scoop to the top. Level off to avoid spillina.

NOTE: 1 Scoop is enough for 1 smoke session.

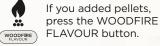
• While holding the smoke box lid open, pour pellets into the smoke box until filled to the top.

## STEP 5 COOK

- Once grill has preheated. "ADD FOOD" will appear on the screen.
- Open the lid to add ingredients to the grill.
- Close the lid. The grill will begin cooking and the timer will begin to count down.

## **STEP 3 PROGRAM**

#### Press to select GRILL, AIR FRY or ROAST.



• Use the ⊘ and ⊘ buttons to the left of the display screen to adjust your temperature.

- Use the  $\otimes$  and  $\otimes$  buttons to the right of the display screen to adjust the cook time.
- Press START/STOP to begin preheating. If using WOODFIRE FLAVOUR the pellets will go through an ignition cycle (IGN), then the grill will begin preheating (PRE).

## **STEP 6 SERVE**

- When cook time is complete. the grill will beep and "DONE" will appear on the display.
- Remove food from arill. then enjoy!



Using the Smoker function

STEP 2 COOK

## **STEP 1 STARTING UP**

Follow instructions as per

Add ingredients to the

arill then close the lid.

Step 1 & 2 on adjacent page.

#### Select the SMOKER function.

- Use the  $\odot$  and  $\odot$  buttons to the left of the display screen to adjust your temperature.
- Use the  $\odot$  and  $\odot$  buttons to the right of the display screen to adjust the cook time.
- Press the **START/STOP** button to begin cooking.
- The timer will begin to count down.

**NOTE:** There is no preheat time for the Smoker function. The pellets will go through an ignition cycle (IGN) for 3-6 minutes, then the grill will begin cooking and the timer will begin to count down.

## **STEP 3 SERVE**

- When cook time is complete. the grill will beep and "DONE" will appear on the display.
- Remove food from grill. then enjoy!

**NOTE:** When using the Smoker function, there may be a lot of smoke initially, which will reduce during cooking. Even though the smoke may not be visible, it is still adding flavour to food.

### HELPFUL TIPS FOR OPTIMISING SMOKY FLAVOUR

- For optimal smoke flavour, keep ingredients cold before putting them on the grill and minimise the time the lid is open when adding or flipping food.
- We recommend not to use any oils or non-stick sprays when smoking because smoke will not adhere to the food as well.
- Smaller food loads such as vegetables and minced meat absorb more smoke.
- If you want to add more pellets, pour in another full scoop of pellets after the first batch has completely burned. Press and hold WOODFIRE FLAVOUR TECHNOLOGY for 4 seconds to ignite the smoke box of pellets. DO NOT re-fill more than 2 times.

Pellet ignition times will take an

# COOKING WITH THE PROBE

# **HOW TO PLACE THE PROBE**

For complete probe instructions, see your Ninja' Instructions on page 10.





NO GUESSWORK Select food type and cook level, then insert built-in probe. PERFECT COOK Built-in probe continuously monitors temp. The grill automatically shuts off when food is perfectly done.



#### FOOD TYPE

Steaks Pork chops Lamb chops Chicken breasts Burgers Tenderloins Fish fillets

# PLACEMENTInsert probe horizontally into the centre

- of the thickest part of the meat.
  Make sure the tip of the probe is inserted straight into the centre of the meat, not angled toward the bottom or top of it.
  - Make sure the probe is close to (but not touching) the bone and away from any fat or gristle.

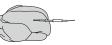
**NOTE:** The thickest part of the fillet may not be the centre. It is important that the end of the probe hits the thickest part so desired results are achieved.





**DO NOT** use the probe with frozen protein or for cuts of meat thinner than 2cm.

- Whole chicken
- Insert probe horizontally into the thickest part of the breast, parallel to, but not touching, the bone.





 Make sure the tip reaches the centre of the thickest part of the breast and doesn't go all the way through the breast into the cavity.

#### See next page for Step by Step Instructions.

# NINJA BEEF COOKING GUIDE

Everyone's idea of cook level differs. This guide shows you what you can expect from each of our preset beef settings.



**NOTE:** Beef Cooking Guide is based on sirloin steak. Using different cuts of steak and different sizes can alter the outcome. INCORRECT

CORRECT



# **COOKING WITH THE** PROBE

The Smart Cook System and probe continuously monitors cook level throughout the cooking process, unlike a traditional instant-read probe.

will appear and timer will count up.

STEP 1 SET UP	<b>STEP 2</b> SELECT COOK FUNCTION	STEP 3 PROGRAM PROBE	<b>STEP 4</b> PLACE PROBE	STEP 5 ADD FOOD	<b>STEP 6</b> TRACK PROGRESS	<b>STEP 7</b> CARRY-OVER & REST
<ul> <li>Remove the storage compartment from the front of the unit, below the control panel.</li> <li>Unwind cord and remove probe.</li> <li>Plug probe into socket on the left side of the control panel.</li> <li>If adding woodfire flavour, open bag of Ninja Woodfire Pellets.</li> <li>Using the pellet scoop, reach scoop into bag to fill scoop to the top, level off to avoid spilling.</li> <li>While holding the smoke box open, pour pellets into the box until filled to the top.</li> </ul>	<ul> <li>Turn the unit on by rotating the dial clockwise from the OFF position to select SMOKER, GRILL, AIR FRY or ROAST.</li> <li>If you added pellets, press the WOODFIRE FLAVOUR button.</li> <li>NOIE: Woodfire Flavour is automatically enabled when using the Smoker function.</li> <li>Use the left arrows to select desired cook temperature. (setting a time is not necessary when using the probe).</li> </ul>	<ul> <li>Press the PRESET button.</li> <li>Use the right arrows to choose the desired protein.</li> <li>Use the left arrows to choose the desired cook level.</li> <li>NOTE: If selecting the MANUAL button, use the internal cook temperatures recommended in the instruction booklet.</li> </ul>	<ul> <li>Press the START/STOP button to begin preheating.</li> <li>NOTE: While preheating is strongly recommended, you can skip it by pressing and holding the START/STOP button for 4 seconds.</li> <li>Wait until unit is fully preheated before adding food.</li> <li>Insert probe in protein using the "How to Place the Probe" guide on the previous page.</li> <li>NOTE: There is no preheat time for the SMOKER function. Add your food before pressing START. Pellet ignition time will take 3-6 minutes before the timer begins counting down.</li> </ul>	<ul> <li>Once unit has preheated, "ADD FOOD" will appear on the screen.</li> <li>Add the food with probe grip fully inside the unit, and close the lid over cord to begin cooking</li> <li>NOTE: DO NOT close lid on probe grip, as this will prop open the lid and create inaccurate readings.</li> </ul>	<ul> <li>The progress bar at the top of the display will track cook level.</li> <li>Flashing cook level indicates progression to that level.</li> <li>When using Grill, the unit will beep and display FLIP. Flipping is optional but recommended.</li> </ul>	<ul> <li>Unit will beep and show "GET FOOD", indicating it's time to carry-over cook and rest food on a plate for 3-5 minutes.</li> <li>Carry-over cooking is when food retains heat and continues to cook after being removed from the source of heat.</li> </ul>
<b>DID YOU KNOW</b> Meat keeps cooking whe remove it from the grill. To prevent overcooking, unit right before food reaches de	will beep sired cook		REMOVING YOUR SET FO Transfer meat to a p silicone-tipped tor	DIate using ngs with	Allow p and res	OVER COOKING & RESTING         ST III:III         ST IIII:III         Over the second state of th

the probe still inserted.

WARNING: Probe and grip will be hot.

right before food reaches desired cook level, taking carry-over cooking into account.

**NOTE:** Skipping carry-over cooking and cutting into food right away may result in a rarer level of cook.

### For more combinations and recipes, refer to grill charts from page 48 or visit **ninjatestkitchen.eu**

WEEKNIGHT BBQ MEALS	CHICKEN	BEEF		PORK	FISH	PLANT BASED
1. PICK A PROTEIN	CHICKEN MINI FILLETS (500g)	4 SIRLOIN STEAKS (225g each)		8 SAUSAGES (400g)	4 SALMON FILLET (120g each)	4 PLANT BASED BURGERS (113g each)
2. PROTEIN MARINADE OR RUB	Cajun spice blend	Café Mocha spice blend		Apple vinegar marinade	Basic BBQ spice blend	Spicy mustard marinade
<b>3. PICK A VEGETABLE</b> (Add from start unless stated otherwise)	2 courgettes (250g), sliced lengthways into 1cm spears OR Asparagus spears green (250g), whole <b>(Add 3 minutes</b> <b>after chicken)</b>	2 Beef steak tomatoes (125g each), halved OR 4 whole portobello mushrooms (380g) OR 4 corn on cob		3 onions (300g), halved with roots intact AND 4 sweetcorn cobettes OR 1 sweet potato (400g), cut into 1cm rings	Asparagus spears green (250g) whole <b>(Add 3 minutes</b> <b>after salmon)</b> OR 2 courgettes (350g), sliced lengthways into 1cm spears	4 corn on cob (Start 3 minutes before burgers) OR Aubergine (300g), sliced into 1cm rings OR 2 Beef steak tomatoes (125g each), halved OR 4 whole portobello mushrooms (380g)
4. VEGETABLE PREP	Brush with 1-2 tablespoons oil, season as desired	Brush with 1-3 tablespoon oil, season as desired		Brush with 1-3 tablespoons oil, season as desired	Brush with 1-2 tablespoons oil, season as desired	Brush with 1 tablespoon oil, season as desired
<b>5. SET GRILL TEMP</b> (Add woodfire flavour if desired)	н	н		LO	ні	н
6. SET TIME & SELECT START/STOP	7-8 mins	8-10 mins	1	10-13 mins	7-8 mins	8-10 mins

15

## **KICKSTARTER RECIPE ULTIMATE SMOKED BBQ STEAK** WITH GRILLED ASPARAGUS

BEGINNER RECIPE ●00

PROGRAM: GRILL | PREP: 5 MINUTES | PREHEAT: APPROX. 12-14 MINUTES COOK TIME: APPROX. 12-16 MINUTES (DEPENDING ON DESIRED OUTPUT) | MAKES: 5 SERVINGS

#### INGREDIENTS

5 x 225-280g ribeye steaks, approximately 2cm thick

the smoke box

pellet scoop to

top. Then close

smoke box lid.

pour pellets into

1<sup>1</sup>/<sub>2</sub> tablespoons sunflower oil, divided

Sea salt and ground black pepper. as desired

750g asparagus, trimmed



To install the grill plate, position it flat on top of the lid open, use the heating element and gently press down until it sits into the smoke box place, then close the until filled to the lid. Plug probe into unit.

\* See page 11 for proper probe placement.



WOODFIRE FLAVOUR. Use left arrows to set temperature to HI and select **PRESET**. To set the probe, use the right arrows to select BEEF and left arrows to select desired cook level. Select **START/STOP** to begin preheating (IGN and preheating will take approx. 12-14 minutes).

DIRECTIONS



Turn dial to **GRILL**. Press While unit is preheating, brush each steak on all sides with  $1\frac{1}{2}$ tablespoons oil. then season with salt and pepper. Insert probe horizontally into the centre of the largest with remaining oil. then season with salt and pepper.



**.**..

🛞 💓 🚳 🕕

TIP Use the

**Robust Blend** for a rich, classic

BBQ smoke flavour.

When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and place steaks on grill, aently pressing them down to maximise arill marks. Close lid steak. Toss asparagus over cord to begin cooking.





When unit beeps and the display reads FLIP. open lid. use silicone-tipped tongs to flip the steaks. Close lid over cord to board, and let rest continue cooking.

When unit beeps to signal the steaks are resting, place almost done cooking, asparagus on grill open lid, transfer plate and close lid. steaks to a cutting Turn dial to **GRILL**. set temperature to for 5 minutes. HI. and set time to 8 minutes. Select



**START/STOP** to

begin cooking. Toss

asparagus halfway

through cooking.

When cooking and resting are complete. open lid and remove asparagus from grill. Slice steaks and serve with asparagus.

# **SMOKED BEEF BURGERS**



#### BEGINNER RECIPE ●00

PROGRAM: GRILL | PREP: 20 MINUTES | PREHEAT: APPROX. 12-14 MINUTES | COOK TIME: 12-15 MINUTES | MAKES: 12 SERVINGS

#### INGREDIENTS

**BBQ GRILLING** 

- 1.5kg 12% minced beef 2 teaspoons sea salt 1 teaspoon ground black pepper 2 teaspoons mixed herbs
- 1 teaspoon garlic powder, as desired, optional 1 teaspoon onion powder, as desired, optional 12 burger buns

#### **TOPPINGS** (optional)

Sliced smoked Cheddar cheese Tomato, sliced Red onion, peeled, thinly sliced Iceberg lettuce Pickles Ketchup Yellow mustard

#### DIRECTIONS

- **1** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid. Plug probe into unit.
- 2 While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.

3 Turn dial to GRILL. Select WOODFIRE FLAVOUR. Use left arrows to set temperature to HI and select **PRESET**. To set the probe, use the right arrows to select **BEEF** and left arrows to select desired cook level. Select START/STOP to begin preheating (IGN and preheating will take approx. 12-14 minutes).

- 4 In a large bowl, place all ingredients besides the buns and mix until evenly combined. Separate mixture into 12 portions, then shape into flat patties, 8cm wide and 2cm thick (see tip). Make an indent in the centre of each patty (this will help them keep shape while cooking). Insert probe horizontally into the centre of 1 burger.
- 5 When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and place burgers onto grill, gently pressing them down to maximise grill marks. Close lid to over probe cord to begin cooking.
- 6 When unit beeps and the display reads FLIP. open lid and use silicone-tipped tongs to flip the burgers. Close lid to continue cooking.
- 7 When cooking is complete, transfer burgers to a warm plate to rest. Add burger buns to the grill cut side down and close lid. Turn dial to **GRILL**. set temperature to HI and set time to 3 minutes. Select **START/STOP** to begin cooking. The buns will take about 1 minute to brown.
- 8 Once toasted, remove the buns and repeat with remaining buns. Build burgers with desired toppings.



TIP Use the Robust Blend for a rich, classic BBQ smoke flavour.

#### TIP To achieve the perfect burger, place one ball of minced beef between two pieces of baking parchment. Then using a plate, gently press until 2cm thick.

\* See page 11 for proper probe placement.

# **CHICKEN & CHORIZO KEBABS**



#### BEGINNER RECIPE ●00

**PROGRAM:** GRILL | **PREP:** 25 MINUTES | **PREHEAT:** APPROX. 12-14 MINUTES | **COOK TIME:** 10 MINUTES MAKES: 8-10 SERVINGS

#### INGREDIENTS

GRILLING

BBQ

- 1kg (about 4-6) skinless chicken breasts, cut into 3-4 cm cubes
- 2 tablespoons sunflower oil
- 3 garlic cloves, peeled, crushed
- 1<sup>1</sup>/<sub>2</sub> tablespoons finely chopped oregano leaves
- Juice of 1 <sup>1</sup>/<sub>2</sub> lemons plus extra wedges to serve
- Sea salt and ground black pepper, as desired
- 8-10 x 25cm wooden skewers (soaked)
- 1 x 225g chorizo sausage, cut into 2cm slices
- 2 red onions, each cut into 12 wedges with the root attached to hold onion together
- Small handful chopped parsley, to serve, optional
- TIP Use the **Robust Blend** for a rich, classic BBQ smoke flavour.

#### DIRECTIONS

- 1 In a medium bowl add chicken, sunflower oil, garlic, oregano, lemon juice, salt and pepper and mix until evenly combined.
- **2** To build the skewers, thread ingredients in the following order, leaving one quarter of the skewer empty: chicken, chorizo and red onions.
- **3** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid.
- **4** While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.
- 5 Turn dial to GRILL. Press WOODFIRE FLAVOUR. Set temperature to HI and set time to 10 minutes. Select **START/STOP** to begin preheating (IGN and preheating will take approx. 12-14 minutes).
- 6 When unit beeps to signify it is preheated and "ADD FOOD" is displayed, open lid and add skewers to grill. Close lid to begin cooking.
- 7 When unit beeps and the display reads FLIP, open lid and use silicone-tipped tongs to flip the skewers. Close lid to continue cooking. Check if cooked after 8 minutes.
- 8 When cooking is complete, remove the skewers. Garnish with parsley and serve with lemon edges, if desired.





# **REUBEN-STYLE HOT DOGS**

INTERMEDIATE RECIPE ••0

PROGRAM: GRILL | PREP: 25 MINUTES | PREHEAT: APPROX. 8 MINUTES | COOK TIME: 10 MINUTES | MAKES: 6 SERVINGS

#### INGREDIENTS

3 small onions, peeled, cut into thin wedges with roots attached 2 tablespoons vegetable oil, divided

6 pork sausages

6 hot dog buns, cut

30g unsalted butter, melted

12 slices Emmental cheese

4-6 tablespoons sauerkraut to serve, optional 2 tablespoons finely chopped chives

#### DRESSING

100g mayonnaise

20g ketchup

1 medium pickled gherkins (about 25g), finely chopped 10g creamed horseradish (or fresh, finely grated) 1 teaspoon Worcestershire sauce 1/2 teaspoon hot mustard (or powder) 1/2 teaspoon hot sauce

Pinch sweet smoked paprika

Sea salt and ground black pepper, as desired

#### DIRECTIONS

1 In a small bowl, add all the dressing ingredients and mix until combined.

- **2** In a medium bowl, toss the onions with 1 tablespoon oil. Brush the sausage with the remaining 1 tablespoon.
- **3** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid.
- **4** Turn dial to **GRILL**, set temperature to LO and set time 10 minutes. Select **START/STOP** to begin preheating (preheating will take approx. 8 minutes).
- **5** When unit beeps to signify it is preheated and "ADD FOOD" is displayed, open the lid, add the sausages to one side of the grill and onions to the other. Close the lid to begin cooking.
- **6** When the unit beeps and displays FLIP, open the lid and turn the sausages. Give the onions a stir, then brush with butter. Close the lid to continue cooking,
- 7 When cooking is complete, transfer sausages and onions to a plate. Place the hot dog buns cut side down to the grill. Close the lid and leave to toast in the residual heat for 1 to 2 minutes.
- **8** To serve, divide the Emmental cheese slices between the toasted buns and top with sausages and onions (split standard sausages in half lengthways to fill the buns, if using). Top with sauerkraut if desired, followed by prepared dressing and chives.



# **BLACK BEAN BURGERS WITH HARISSA SAUCE**

INTERMEDIATE RECIPE ••0

**PROGRAM:** GRILL | **PREP:** 10 MINUTES PLUS 20 MINUTES FREEZE TIME | **PREHEAT:** APPROX. 10 MINUTES TOTAL COOK TIME: 8 MINUTES | MAKES: 10 BURGERS

#### INGREDIENTS

- 200g chestnut mushrooms, cleaned, roughly chopped
- 100g courgette, roughly chopped
- 2 x 400g cans black beans, drained
- 6 tablespoons harissa paste, divided
- 1 medium onion, peeled, diced
- 2 large garlic cloves, peeled, minced
- 1 tablespoon ground cumin
- 1/2 tablespoon paprika
- 30ml dark soy sauce
- 2 tablespoons chopped parslev
- 100g panko bread crumbs
- 1 teaspoon salt
- <sup>1</sup>/<sub>2</sub> teaspoon ground black pepper
- 200g vegan mayonnaise 2 tablespoons lime juice 10 brioche hamburger buns

#### **TOPPINGS** (optional)

- Lettuce Sliced tomato
- Sliced onion Sliced avocado

#### DIRECTIONS

- 1 To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid.
- 2 Add the mushrooms and courgette to a food processor and pulse until finely chopped, then transfer to a large bowl. Add the beans and 2 tablespoons harissa paste to the food processor and pulse until evenly combined. Transfer bean mixture to the large bowl, then add the onions, garlic, cumin, paprika, soy sauce, parsley, panko, salt and pepper and mix until evenly combined.
- **3** Portion mixture into 10 balls, 110g each. Then shape into patties, 1.5cm thick. Place the burgers on a parchment-lined baking trav and freeze for 20 minutes.
- **4** Turn dial to select **GRILL**, set temperature to HI, and set time to 8 minutes. Select **START/STOP** to begin preheating (preheating will take approx. 10 minutes).
- **5** When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and place burgers on grill, gently pressing them down to maximize grill marks. Close lid to begin cooking. Cook for 8 minutes, flipping halfway through.
- 6 In a small bowl, whisk together mayonnaise, remaining 4 tablespoons harissa paste and lime juice.
- 7 When cooking is complete, transfer burgers to buns, top with prepared sauce and desired toppings.

TIP Want toasty buns? Add a few minutes of time by pressing the up arrow to add a few minutes of cook time. Place buns cut side down on the grill, close lid, and toast for about 1 to 2 minutes.

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# **PANEER TIKKA & PEPPER KEBABS** WITH MINTED YOGURT



#### INTERMEDIATE RECIPE •••

INGREDIENTS

PROGRAM: GRILL | PREP: 25 MINUTES | PREHEAT: APPROX. 6 MINUTES | COOK TIME: 15 MINUTES | MAKES: 9 SERVINGS

#### DIRECTIONS

the lid.

- 9 x 30cm wooden skewers (soaked)
- 6 peppers (2 yellow, 2 green, 2 red), cut each into 27 squares (approx 3cm in size)
- 2 large red onions, peeled, cut into 18 wedges, root attached
- 2 x 225g blocks paneer, cut in 18 cubes (about 2-3cm each)
- Sea salt and ground black pepper, as desired
- 6 tablespoons tikka paste, plus two tablespoons sunflower oil

#### MINTED YOGURT

- 400g Greek yogurt
- Juice of 1 lemon
- 1 teaspoon caster sugar
- 1 teaspoon ground coriander
- 2 tablespoons water
- 4 tablespoons chopped mint leaves, plus extra leaves, to serve

#### TO SERVE

Naan bread, optional

- 1 To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close
- **2** While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.
- 3 Turn dial to GRILL. Press WOODFIRE FLAVOUR. Set temperature to MED and set time to 15 minutes. Select **START/STOP** to begin preheating (IGN and preheating will take approx. 6 minutes).
- **4** To build the skewers, thread ingredients in the following order: green pepper, red pepper, yellow pepper, onion, paneer cube and repeat until skewers are nearly full. Season skewer ingredients on all sides with salt and pepper.
- **5** In a small bowl, whisk together the sunflower oil and tikka paste. Then brush onto the skewers to evenly cover.
- **6** When unit beeps to signify it is preheated and "ADD FOOD" is displayed, open lid and add skewers to grill length-ways.. Close lid to begin cooking.
- 7 When unit beeps and the display reads FLIP, open lid and use silicone-tipped tongs to flip the skewers. Close lid to continue cooking. Begin checking if cooked after 10 minutes.
- 8 While kebabs are cooking, prepare the minted yogurt. In a small bowl add Greek yogurt, lemon juice, sugar, ground coriander, water, chopped mint, salt and pepper and mix until evenly combined.
- **9** When cooking is complete, remove the skewers and garnish with mint leaves. Serve with minted yogurt and warm naan bread, if desired.

TIP Use the All Purpose Blend for a rich, classic BBQ smoke flavour.



# **GRILLED HALLOUMI WRAP WITH AUBERGINES & PICKLES**

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#### BEGINNER RECIPE ●00

PROGRAM: GRILL | PREP: 20 MINUTES | PREHEAT: APPROX.10 MINUTES | COOK TIME: 16 MINUTES MAKES: 6 SERVINGS

#### INGREDIENTS

2 small or 1 large aubergines, sliced in  $1\!\!\!/_2$  cm rounds

4 tablespoons extra-virgin olive oil, divided Sea salt and ground black pepper, as desired 2 tablespoons finely chopped flat leaf parsley 2 tablespoons finely chopped mint leaves Chilli flakes, as desired, optional

2 x 250g block halloumi, cut in 6 slices

6 x 24cm tortilla wraps

Pickles, to serve (e.g. red onions, green chillis, cucumber)

**TO SERVE, optional** Tzakziki



#### DIRECTIONS

- 1 In a small bowl, add all garlic yogurt ingredients, mix until combined, then set aside. Brush both sides of the aubergine slices with 2 tablespoons olive oil and season with salt and pepper.
- 2 To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid. Turn dial to GRILL, set temperature to HI and set time 16 minutes. Select START/STOP to begin preheating (preheating will take approx. 10 minutes).
- **3** When unit beeps to signify it is preheated and "ADD FOOD" is displayed, open the lid and place the aubergine slices on the grill. Close lid to begin cooking.
- **4** After 6 minutes, open lid and use silicone-tipped tongs to flip the aubergines. Close lid to continue cooking for another 6 minutes. When 4 minutes remain, open lid and transfer aubergines to a large bowl, with the remaining extra-virgin olive oil, parsley, mint and chilli flakes, and mix to evenly combine.
- **5** Place halloumi slices on grill plate and close lid to begin cooking.
- **6** After 2 minutes, open lid and use silicone-tipped tongs to flip the halloumi. Close lid to continue cooking time runs out. Transfer halloumi to plate when done.
- 7 Place the tortillas on the grill and close the lid. Cook in the residual heat until warmed through, about 10 to 20 seconds on each side. Top the tortillas with halloumi, aubergine, Tzakziki and pickles. Roll up and serve warm.

# **GRILLED MAPLE BALSAMIC CABBAGE WEDGES**

INTERMEDIATE RECIPE ••O

PROGRAM: GRILL | PREP: 5 MINUTES | PREHEAT: APPROX. 10 MINUTES | TOTAL COOK TIME: 16 MINUTES MAKES: 5-8 SERVINGS

#### INGREDIENTS

1 x 950g head white cabbage, cut into wedges (approx. 10 wedges)

2 tablespoons vegetable oil

Salt and ground black pepper, as desired

30ml maple syrup

30ml balsamic vinegar

1 tablespoon vegan Dijon mustard ½ garlic clove, peeled 30ml olive oil

Chives, as garnish



#### DIRECTIONS

- 1 To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid.
- **2** Season cabbage on all sides with oil, salt, and pepper. In a blender, blend the remaining ingredients except chives. Season as desired.
- **3** Turn dial to select **GRILL**, set temperature to HI, and set time to 16 minutes. Select **START/STOP** to begin preheating (preheating will take approx. 10 minutes).
- **4** When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and place cabbage wedges on the grill, gently pressing them down to maximise grill marks. Close lid to begin cooking.
- **5** When unit beeps and the display reads FLIP, open lid and using silicone-tipped tongs, flip the cabbage wedges. Close lid to continue cooking.
- **6** When cooking is complete, open lid and transfer wedges to a platter. Repeat with any remaining wedges. Top cooked cabbage wedges with balsamic dressing and sprinkle with chives.

# **CHICKEN & AVOCADO QUESADILLAS** WITH CHIPOTLE SAUCE

#### INTERMEDIATE RECIPE

PROGRAM: GRILL | PREP: 10 MINUTES | PREHEAT: APPROX. 8 MINUTES | TOTAL COOK TIME: 6 MINUTES **MAKES: 3 SERVINGS** 

#### INGREDIENTS

3 x 24cm tortilla wraps Vegetable oil spray, as necessary

Cocktail sticks, to secure quesadillas

#### FILLING

200g cooked chicken pieces. finely sliced

<sup>1</sup>/<sub>2</sub> avocado, diced

1 tablespoon chopped jarred jalapenos

<sup>1</sup>/<sub>2</sub> small red pepper, finely diced

<sup>1</sup>/<sub>4</sub> small red onion, finely diced

2 tablespoons chopped fresh coriander

1½ teaspoon smoked paprika

1 teaspoon ground cumin

1 teaspoon oregano

Salt and ground black pepper, as desired

100g Cheddar cheese

**TIP:** For a vegetarian friendly with preferred plant-based chicken or black beans.

### Chipotle sauce

DIRECTIONS

minutes).

then close the lid.

1 To install the grill plate, position it flat

on top of the heating element and

2 Turn dial to GRILL. Set temperature to

LO and set time to 6 minutes. Select

3 In a large bowl, add all filling ingredients

and mix until evenly combined. Divide

the mixture equally between 3 tortillas.

covering only half of the surface. Fold

the empty half over the filling, then

4 When unit beeps to signify it has

preheated and "ADD FOOD" is

cocktail stick if needed).

displayed, open lid spray grill with

the arill. Close lid to begin cooking.

Cook for 6 minutes, flipping halfway

vegetable oil and place guesadillas on

through (removing and reinserting the

**5** To prepare the chipotle sauce, place all

sauce ingredients in a small bowl and

pierce with a cocktail stick to secure.

**START/STOP** to begin preheating

(preheating will take approx. 8

gently press down until it fits into place,

170g sour cream 2 teaspoons chipotle paste <sup>1</sup>/<sub>2</sub> teaspoon ground cumin Juice of ½ lime

2 tablespoons chopped fresh coriander Salt and ground black pepper. as desired

Coriander, as garnish

whisk until combined. 6 When cooking is complete, open the lid and carefully transfer each guesadilla to a plate. Remove cocktail sticks, cut and serve with chipotle dipping sauce.

# **BARBECUED CORN ON COB WITH FLAVOURED BUTTERS**

BEGINNER RECIPE ●00

PROGRAM: GRILL | PREP: 15 MINUTES | PREHEAT: APPROX. 10 MINUTES | COOK TIME: 15 MINUTES **MAKES: 12 SERVINGS** 

#### INGREDIENTS

250g unsalted butter, softened at room temperature

12 husked sweetcorn cobs

2 tablespoons sunflower oil

Sea salt and ground black pepper, as desired

#### SUNDRIED TOMATO & BASIL BUTTER

60g sundried tomatoes, finely chopped 1 garlic clove, peeled, crushed 1<sup>1</sup>/<sub>2</sub> Chives, spoons finely chopped basil

#### **CAJUN BUTTER**

2 teaspoons Caiun seasoning Juice of ½ lime 3 tablespoons finely chopped coriander

#### JALAPEÑO BUTTER

50g finely chopped pickled jalapeño peppers 1<sup>1</sup>/<sub>2</sub> tablespoons finely chopped chives

#### DIRECTIONS

- 1 Divide butter between 3 small bowls (about 80-85g per bowl). In the first bowl, mix in sundried tomatoes, garlic and chopped basil. In the second, mix in Cajun seasoning, lime juice and coriander. In the third bowl, mix in jalapeño peppers and chives. Season all butter to taste with salt and pepper.
- **2** Evenly cover each corn cob with oil. salt and pepper.
- **3** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place, then close the lid. Turn dial to **GRILL**, set temperature to HI and set time to 15 minutes. Select **START/STOP** to begin cooking (preheating will take approx, 10 minutes).
- **4** When the unit has beeped to signify it has preheated and "ADD FOOD" is displayed, open the lid and place the corn cobs on the grill, close lid and begin cooking. Open lid to turn corn regularly. Check if cooked after 8 minutes.
- 5 When cooking is complete, open lid, remove corn from grill and serve hot with flavoured butters.

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# **GRILLED FRENCH TOAST PEACH SANDWICHES**

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#### INTERMEDIATE RECIPE ••O

PROGRAM: GRILL | PREP: 10 MINUTES | PREHEAT: APPROX. 9 MINUTES | TOTAL COOK TIME: 7 MINUTES MAKES: 10 SERVINGS

#### INGREDIENTS

3 medium eggs

90ml milk

- 1 tablespoon maple syrup
- 1<sup>1</sup>/<sub>2</sub> teaspoons ground cinnamon, divided
- 2 teaspoons vanilla extract
- 1/4 teaspoon salt
- 1 French baguette, ends removed, sliced into 20 x 1.5cm slices
- 2 x nearly ripe peaches, each cut into 10 wedges
- Vegetable oil spray, as necessary
- 25g granulated sugar
- 10 scoops vanilla ice-cream



#### DIRECTIONS

- 1 To install the grill plate, position it flat on top of the heating element and gently press down until it fits into place, then close the lid.
- **2** Turn dial to **GRILL**. Set temperature to MED and set time to 7 minutes. Select **START/STOP** to begin preheating (preheating will take approx. 9 minutes).
- **3** In a shallow bowl, whisk the eggs, milk, maple syrup, 1 teaspoon cinnamon, vanilla, and salt until evenly combined. In a separate shallow bowl, add sugar and remaining cinnamon and mix to combine.
- **4** When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and spray grill with a vegetable oil. Place the peaches on the grill, close the lid and cook for 3 minutes, flipping halfway.
- **5** While the peaches grill, dip each piece of bread into the egg mix, soaking for 30 seconds on each side.
- **6** After 3 minutes, open lid and transfer the peaches to a plate to cool. Spray the grill with vegetables as needed, then place the prepared bread on the grill. Close the lid and cook for 4 minutes, flipping halfway through or until golden brown.
- 7 When cooking is complete, open the lid, transfer the French toast to a plate and evenly cover with prepared cinnamon sugar. To assemble add two peach wedges to French toast, top with 1 ice cream scoop, then place another piece of toast on top to create an ice cream sandwich. Gently press the top down to make easier to eat.



## **KICKSTARTER RECIPE SMOKED PULLED PORK**



BEGINNER RECIPE

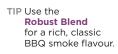
PROGRAM: SMOKER | PREP: 5 MINUTES | COOK TIME: 3-4 HOURS PLUS RESTING | MAKES: 8-10 SERVINGS

#### INGREDIENTS

2 x 1.8-2.3kg pork shoulders

150g spice seasoning (ideas can be found on page 63)

Sea salt and ground black pepper, as desired





# **BBQ SMOKING**



Liberally season pork on all sides with desired seasoning, salt and pepper.

TIP Leave fat on to keep meat moist during cooking

## DIRECTIONS

it sits into place. Plug

probe into unit. Place

side uppermost. Insert

probe into the thickest

part of pork, then close

lid over cord.



While holding the position it flat on top of smoke box lid open, use the heating element and the pellet scoop to pour gently press down until pellets into the smoke box until filled to the top. Then close smoke pork onto grill plate, fat box lid.



Turn dial to SMOKER. use left arrows to set temperature to 120°C. Select MANUAL and set internal temperature to 95°C. Select START/ **STOP** to begin cooking (preheating is not needed).

\* See page 11 for proper probe placement.



When cooking is complete, leave lid closed and let pork rest for 45 minutes to 1 hour. Alternatively, remove pork from grill, cover in foil and let rest for at least 45 minutes to 1 hour. Then shred and toss or serve with sauce of choice (see page 46 for sauce recommendations).

NOTE When using the Smoker function, there may be a lot of smoke initially. which will reduce during cooking. Even though the smoke is not visible it is still adding flavour to food.

**BBQ SMOKING** 

# KICKSTARTER RECIPE SMOKED BABY BACK RIBS



BEGINNER RECIPE ●00

PROGRAM: SMOKER | PREP: 10 MINUTES | COOK TIME: 2 HOURS 15 MINUTES | MAKES: 6-8 SERVINGS

#### INGREDIENTS

3 x 450-600g racks pork "baby back" ribs (35cm x 9cm)

75g Basic BBQ spice rub (ideas can be found on page 54)

2 teaspoon fine sea salt

150ml cider vinegar, for basting, divided 300ml BBQ sauce

DIRECTIONS

SIDES (optional) Corn on the cob Coleslaw BBQ baked beans



To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place.

TIP Use the **Robust Blend** for a rich, classic BBQ smoke flavour.



Liberally cover ribs on all sides with BBQ seasoning and salt, pressing to stick. Place ribs onto grill plate or place in rib rack. Using a brush, gently dap the ribs with vinegar, flip and repeat. Close the lid.



While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close the smoke box lid. Turn dial to select **SMOKER**, set temperature to 120°C and set time to 2 hours 15 minutes. Select **START/STOP** to begin cooking (preheating is not needed).



After 45 minutes, open lid and dab ribs with vinegar, flip and repeat. Close lid to continue cooking. Repeat this process after another 45 minutes.

NOTE If your ribs are larger, add up to 15 minutes or continue to cook until desired output is achieved.



When 10 minutes remain, open lid and baste ribs with BBQ sauce. Close lid and cook for 5 minutes. After 5 minutes, open lid, flip ribs and baste again with BBQ sauce. Close lid and continue cooking. Cooking is complete when an instant read probe reads between 88–95°C. When cooking is complete, open lid, transfer the ribs to a serving platter and let rest for 10 minutes before serving alongside corn, coleslaw and beans, if desired. BBQ

**SMOKING** 

**BBQ SMOKING** 



INTERMEDIATE RECIPE ••0

PROGRAM: SMOKER | PREP: 5 MINUTES | TOTAL COOK TIME: 1 - 1 HOUR 20 MINUTES | MAKES: 8+ SERVINGS

#### INGREDIENTS

#### 2 x 2-2.5kg whole chickens

2 heaped tablespoons spice seasoning of choice (ideas can be found on page 62)

Salt and ground black pepper, as desired



#### DIRECTIONS

- To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place. Plug probe into unit.
- 2 Liberally season chickens on all sides with desired seasoning, salt and pepper. Place chickens on grill. Insert probe into the thickest part of the largest chicken\*, then close lid over cord.
- **3** While holding the smoke box open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close the smoke box.
- **4** Turn dial to select **SMOKER**, use left arrows to set temperature to 140°C. Select **MANUAL** and set internal temperature to 75°C. Select **START/STOP** to begin cooking (preheating is not needed).
- **5** When cooking is complete, open lid, remove chickens from grill, and let rest for at least 20 minutes. Serve with desired side dishes and sauce.

# **SMOKED MACKEREL**

#### BEGINNER RECIPE ●00

PROGRAM: SMOKER | PREP: 10 MINUTES, PLUS 60 MINUTES BRINING | TOTAL COOK TIME: 30 MINUTES MAKES: 6 SERVINGS

#### INGREDIENTS

- 6 x 80g-100g mackerel fillets
- Sea salt, as desired
- 1½ teaspoon black peppercorns, crushed
- 1<sup>1</sup>/<sub>2</sub> teaspoon pink peppercorns, crushed
- 1 ½ teaspoon fennel seeds, crushed

#### DIRECTIONS

1 Sprinkle the mackerel fillets generously with sea salt. Then place in the refrigerator to brine for at least 60 minutes. Once complete, rinse off the salt and pat the fillets dry.

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- **2** To install the grill plate, position it flat on top of the heating element and gently press down until it fits into place. Place mackerel skin-side down onto grill plate. Sprinkle over crushed peppercorns and fennel seeds, then close the lid.
- **3** While holding the smokebox lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.
- **4** Turn dial to **SMOKER**, set temperature to 120°C. Set time to 30 minutes. Select **START/STOP** to begin cooking (preheating is not needed). After 20 minutes, check cook level. Cooking is complete when the fillets are a deep brown colour and the internal temperature reads 85-90°C.
- **5** When cooking is complete, serve the mackerel either hot or cold.

**BBQ SMOKING** 



# SMOKED GARLIC BBQ CHICKEN WINGS



#### BEGINNER RECIPE ●00

PROGRAM: AIR FRY | PREP: 30 MINUTES | PREHEAT: APPROX. 5 MINUTES | COOK TIME: 25 MINUTES MAKES: 8-12 SERVINGS

#### INGREDIENTS

1.5kg chicken wings, separated into single bones (if needed)

3 garlic cloves, peeled, crushed

Juice of 3 limes

3 tablespoons BBQ seasoning

3 tablespoons sunflower oil

Sea salt and ground black pepper, as desired

#### TO SERVE, optional

Sour cream Lime wedges

Salsa

TIP Use the Robust Blend for a rich, classic BBQ smoke flavour.

TIP For extra flavour, marinate chicken wings up to a day ahead.

#### DIRECTIONS

- In a large bowl, add chicken wings, garlic, juice of 2 limes, BBQ seasoning, sunflower oil, salt and pepper and mix until evenly covered.
- **3** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place. Place Crisper Basket on grill, then close the lid.
- **4** While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.
- 5 Turn dial to AIR FRY. Press WOODFIRE FLAVOUR. Set temperature to 190°C and set time to 25 minutes. Select START/STOP to begin preheating (IGN and preheating will take approx. 5 minutes).
- **6** When the unit has beeped to signify it has preheated and "ADD FOOD" is displayed, open the lid and place the chicken wings in basket, close lid, and begin cooking.
- **7** When unit beeps and the display reads FLIP, open lid and use silicone-tipped tongs to flip the chicken. Close lid to continue cooking. Check if cooked after 15 minutes.
- 8 Cooking is complete when chicken reads 75°C on an instant read probe. Serve hot topped with extra coriander leaves, sour cream, salsa and lime wedges.

# SMOKY HERB & GARLIC POTATO WEDGES



BEGINNER RECIPE 

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PROGRAM: AIR FRY | PREP: 40 MINUTES | PREHEAT: APPROX. 5 MINUTES | COOK TIME: 30-35 MINUTES MAKES: 6 SERVINGS

#### INGREDIENTS

1.5kg Maris Piper or King Edward potatoes with peel, cut into 2.5cm thick wedges

3 tablespoons sunflower oil

1 ½ tablespoons fresh rosemary, finely chopped

 $1\,\%$  tablespoons fresh thyme, finely chopped

3 garlic cloves, peeled, crushed

1 ½ teaspoons sea salt

Sour cream and chopped chives to serve





#### DIRECTIONS

- 1 Place potatoes in a large bowl, cover with water and allow to soak for 30 minutes to remove excess starch. Drain potatoes through a colander, rinse in clean water and then wrap in a clean tea towel and pat dry.
- **2** Wipe the bowl clean, then add the potatoes, oil, herbs, garlic and salt and toss until evenly coated.
- **3** To install the grill plate, position it flat on top of the heating element and gently press down until it sits into place. Place Crisper Basket on grill, then close the lid.
- **4** While holding the smoke box lid open, use the pellet scoop to pour pellets into the smoke box until filled to the top. Then close smoke box lid.
- 5 Turn dial to AIR FRY. Press WOODFIRE FLAVOUR. Set temperature to 190°C and set time to 35 minutes. Select START/STOP to begin preheating (IGN and preheating will take approx. 5 minutes).
- **6** When unit beeps to signify it has preheated and "ADD FOOD" is displayed, open lid and place potato wedges in basket. Close lid to begin cooking.
- **7** When unit beeps and the display reads FLIP, open lid and use silicone-tipped tongs to flip the wedges. Close lid to continue cooking.
- **8** When cooking is complete, open lid, remove wedges from basket and serve.

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# **BBQ SMOKER CHART**

#### Please use these charts as guides. If quantity differs, adjust cook time as needed.

INGREDIENTS	AMOUNT	PREPARATION	COOK TEMP	COOK TIME	INTERNAL TEMP
POULTRY					
Whole chicken	2 (2-2.5kg each)	Season as desired	140°C	1 hour 15 mins - 1 hour 45 mins	75°C
Chicken thighs boneless and skinless	10-12 (100-125g each)	Season as desired	140°C	20-25 mins (flip halfway through cooking)	75°C
Chicken breast	8 (150-200g each)	Season as desired	140°C	25-30 mins (Flip halfway through cooking)	75°C
Turkey drumsticks	4 (800g each)	Season as desired	180°C	45-60 mins	75°C
Duck breast	6-8 (180-200g each)	Season as desired	180°C	12-15 mins	65°C
Duck legs	6-8 (225g each)	Season as desired	180°C	30-35 mins	85-95°C
BEEF					
Topside	3 (1-2kg each)	Season as desired	120°C	1 hour - 1 hour 15 mins (flip halfway through cooking)	58°C
Short ribs	10 (200-300g each)	Season as desired	135°C	45 mins - 1 hour 30 mins	85-95°C
PORK					
Fillets	4-6 (400-450g each)	Season as desired	150°C	35-45 mins	85-95°C
Loin	2-3 (1kg each)	Season as desired	120°C	2-3 hours	85-95°C
Ribs	4 (500g each)	Season as desired	120°C	1 hour 30 mins - 2 hours 30 minutes.	85-95°C
Shoulder	2 (1.8-2.3kg each)	Season as desired	120°C	3 hours 30 mins - 5 hours	85-95°C
LAMB					
Leg of lamb	2 (2-2.5kg each)	Season as desired	120°C	3-4 hours	85-95°C
Lamb shanks	6-8 (400-450g each)	Season as desired	120°C	1 hour 30 mins - 2 hours	85-95°C
FISH					
Cod or Haddock loin fillets	8-10 (120-150g each)	Season as desired	120°C	15 mins	58-60°C
Mackerel fillets	8 (80-90g each)	Season as desired	120°C	20 mins	58-60°C
Salmon, whole fillet	2 (600g each)	Season as desired	120°C	20 mins	58-60°C
Trout fillets	8-10 (120g each)	Season as desired	120°C	20 mins	58-60°C

# **BBQ SMOKER TIPS**

• No need to bring to room temperature, use straight from the refrigerator for a smokier flavour.

• For proteins with a thick fat layer, like pork shoulder, trim off enough fat so that 1cm remains. Then place on the grill fat side up.

• For optimal smoke flavour, minimise the time the lid is open when adding or flipping food.

• When smoking, do not add any oil to the food. If oil is necessary, add very little.

• For best results, after cooking, allow small proteins to rest for at least 10 minutes and large proteins up to 1 hour wrapped in aluminum foil.

# **GRILL CHART (CLOSED-LID COOKING)**

## Want to add smoke? See page 8 for Woodfire Flavour Technology interaction.

FOOD	AMOUNT	PREPARATION	COOK TEMP	COOK TIME	INTERACTION
POULTRY					
Chicken breast, boneless	8-10 (150-200g each)	Marinate or season as desired	HI	15-18 mins	Flip halfway through cooking
Chicken, legs	6-8 (230-260g each)	Marinate or season as desired	HI	16-18 mins	Flip 2 or 3 times during cooking
Chicken thighs, boneless	1.3kg	Marinate or season as desired	HI	10-12 mins	Flip 2 or 3 times during cooking
Chicken thighs, bone-in	1.5kg	Marinate or season as desired	HI	12-16 mins	Flip 2 or 3 times during cooking
Chicken wings	1.5kg	Marinate or season as desired	HI	14-18 mins	Flip 2 or 3 times during cooking
BEEF					
Beef burgers	10-12 (90-125g each), 2.5cm thick	Season with salt and pepper	HI	8-10 mins	Flip halfway through cooking
Fillet Steak	8-10 (170-230g each), $2^{1\!\!/_2}$ -3 inch thick	Marinate or season as desired	HI	5-8 mins	Flip halfway through cooking
Sirloin	6 (225-280g each)	Marinate or season as desired	HI	3-6 mins	Flip halfway through cooking
Ribeye	6 (225-280g each)	Marinate or season as desired	HI	3-6 mins	Flip halfway through cooking
Rump	6 (225-280g each)	Marinate or season as desired	HI	3-6 mins	Flip halfway through cooking
PORK					
Hot dogs	30-36	N/A	MED	6-8 mins	Turn frequently through cooking
Pork ribs	3 rack, 1.5kg divided in half	Marinate or season as desired	LO	45 mins	Flip halfway through cooking
Back bacon rashers	8	N/A	HI	5-6 mins	Flip halfway through cooking
Pork loin chops, boneless	8-10 (120g each)	Marinate or season as desired	HI	6-7 mins	Flip halfway through cooking
Pork chops, bone-in, thick-cut	8 (250g each)	Marinate or season as desired	HI	15-22 mins	Flip halfway through cooking
Pork tenderloins	4-5 (500g each)	Marinate or season as desired	MED	25-30 mins	Flip 4 times through cooking
Sausages	20 (1.2kg)	N/A	LO	9-11 mins	Turn frequently through cooking
LAMB					
Lamb Chops	12 (100g each)	Marinate or season as desired	HI	6 mins	Flip halfway through cooking
VEGETARIAN					
Halloumi cheese	1kg, cut into 1cm slices	Brush with oil	HI	3-4 mins	Flip halfway through cooking
Tofu	1kg, cut into 1cm slices	Brush with oil, season as desired	HI	8-10 min	Flip halfway through cooking
Plant based burger	12 (113g each)	Brush with oil	Н	10-12 mins	Flip halfway through cooking

# **GRILL CHART (CLOSED-LID COOKING)**

# Want to add smoke? See page 8 for Woodfire Flavour Technology interaction.

FOOD	AMOUNT	PREPARATION	СООК ТЕМР	COOK TIME	INTERACTION
SEAFOOD					
Halibut or Cod, skin on	10 (125g each), 1-2cm thick	Coat lightly with oil, season as desired	Н	6-8 mins	N/A
Salmon, skin on	10-11 (125g each)	Coat lightly with oil, season as desired	Н	6-8 mins	N/A
Jumbo prawns	800g	Coat lightly with oil, season as desired	н	4-5 mins	Flip halfway through cooking
Tuna	8-10 (120g each), 2.5cm thick	Coat lightly with oil, season as desired	Н	3-4 mins	Flip halfway through cooking
VEGETABLES					
Asparagus	3-4 bunches	Trimmed, coat lightly with oil, season as desired	Н	5-6 mins	Toss frequently through cooking
Peppers	6	Cut in quarters, coat lightly with oil, season as desired	н	6-8 mins	Toss frequently through cooking
Broccoli	3-heads	Cut into 5cm pieces, toss with oil, season as desired	н	8-10 mins	Toss frequently through cooking
Brussels Sprouts	1kg	Trim, cut in half, coat lightly with oil, season as desired	Н	11-15 mins	N/A
Cauliflower	1.2kg	Cut into 4cm pieces, toss with oil, season as desired	Н	8 mins	Toss frequently through cooking
Corn on the cob	12 husks	Coat lightly with oil, season as desired	Н	10-15 mins	Flip 2 or 3 times during cooking
Aubergine	2 large	Slice, coat lightly with oil, season as desired	Н	14-16 mins	Flip halfway through cooking
Green beans	600g	Trim, coat lightly with oil, season as desired	н	7-8 mins	Toss frequently through cooking
Onions, white or red (sliced)	6	Peel, sliced, coat lightly with oil, season as desired	MED	5-8 mins	Toss frequently through cooking
Portobello mushrooms	10	Clean, coat lightly with oil, season as desired	Н	8-10 mins	N/A
Courgette	1kg	Cut in quarters lengthwise, coat lightly with oil, season as desired	Н	8-10 mins	Flip halfway through cooking
Tomatoes	9-10	Cut in half, coat lightly with oil, season as desired	Н	8-9 mins	Flip halfway through cooking
FRUIT					
Bananas	8	Peel, cut in half lengthwise	HI	5-6 mins	Flip halfway through cooking
Mango	5	Cut in half	HI	4-6 mins	Flip halfway through cooking
Pineapple	16 slices or spears	Peel cut in 5cm pieces	HI	8-10 mins	Flip halfway through cooking
Peach	8-10	Cut in half, stone removed	HI	3-5 mins	N/A

# **FROZEN GRILL CHART (CLOSED-LID COOKING)**

FOOD	AMOUNT	PREPARATION	COOK TEMP	COOK TIME	INTERACTION
FROZEN POULTRY					
Chicken breast	8-10 120-140g each)	Marinate or season as desired	MED	18-20 mins	Flip 2 or 3 times during cooking
Chicken thighs	10 (1kg)	Marinate or season as desired	MED	9-11 mins	Flip 2 or 3 times during cooking
FROZEN BEEF					
Burgers	8-10 (110g each)	Season with salt and pepper	MED	9-11 mins	Flip halfway through cooking
Sirloin	6 (225-250g each)	Marinate or season as desired	MED	9-11 mins	Flip halfway through cooking
FROZEN PORK					
Pork chops, bone-in, thick-cut	6-8 (250g each)	Marinate or season as desired	MED	18-24 mins	Flip halfway through cooking
FROZEN SEAFOOD					
Halibut or Cod	8-10 (100-120g each), 1-2cm thick	Coat lightly with oil, season as desired	н	9-12 mins	N/A
Salmon	10 (100-120g each), 2cm thick	Coat lightly with oil, season as desired	НІ	12-14 mins	N/A
Jumbo prawns	800g	Coat lightly with oil, season as desired	НІ	4-5 mins	Flip halfway through cooking
FROZEN VEGETARIAN					
Veggie burger	8-10 (120g each)	N/A	MED	9-11 mins	Flip halfway through cooking



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Want to add smoke? See page 8 for Woodfire Flavour Technology interaction.

backedBitlek aut rashersN/ADVCDr-12 minsTurn frequently through cookingausage20 (2g)N/A200°C18-33 minsTurn frequently through cookingbullek10 (56-200 gach)Marinate or seasoned as desired200°C22-28 minsFilp halfway through cookingChicken thrips, bones12 (60-000 gach)Marinate or seasoned as desired200°C12-16 minsFilp halfway through cookingChicken thrips, bones12 (60-000 gach)Marinate or seasoned as desired200°C24-26 minsFilp halfway through cookingChicken thrips, bones12 (20-100 gacch)Marinate or seasoned as desired200°C24-26 minsFilp 2-3 times through cookingChicken thrips, bone12 (20-100 gacch)Marinate or seasoned as desired200°C7-8 minsFilp 2-3 times through cookingChicken thrips, bone12 (20-160 gacch)Marinate, desseeding thrips, which ol, season as desired200°C7-8 minsFilp affway through cookingChicken thrips, bone12 (20-160 gacch)Munde, brasen as desired200°C7-8 minsFilp affway through cookingVestards12 (20-160 gacch)Munde, baseon as desired200°C7-8 minsFilp affway through cookingVestards12 (20-160 gacch)Butsh whi ol, season as desired200°C1244 minsFilp affway through cookingVestards12 (20-160 gacch)Butsh whi ol, season as desired200°C1244 minsFilp affway through cookingVestards12 (20 ci tinto Gam pices, brush whi ol, season as desired<	FOOD	AMOUNT	PREPARATION	СООК ТЕМР	COOK TIME	INTERACTION
alagest20,12kgN/A200°C18-23 minsTum frequently through cookingVOLTEX<	PORK					
Poultrey         Product Set Set Set Set Set Set Set Set Set Se	Bacon	8 thick cut rashers	N/A	210°C	10-12 mins	Turn frequently through cooking
https://banefies840 (50-200g each)Marinate or seasoned as desired200°C22-8 minsFlip halfway through cookingbicken highs, boneles12 (60-100g each)Marinate or seasoned as desired200°C1245 minsFlip halfway through cookingbicken highs, boneles8 (70-100g each)Marinate or seasoned as desired200°C24-26 minsFlip halfway through cookingbicken highs, boneles8 (70-100g each)Marinate or seasoned as desired200°C24-26 minsFlip Laftway through cooking <i>KETEXENE</i> TTimmed, brush with oil, season as desired200°C57 minsFlip Laftway through cookingresponse8 poporsCu In quarters, deseeded, brush with oil, season as desired200°C57 minsFlip Laftway through cookingresponse1580Brush with oil, season as desired200°C25 minsFlip Laftway through cookingresponse1580Brush with oil, season as desired200°C25 minsFlip Laftway through cookingresponse1580Brush with oil, season as desired200°C25 minsTest frequently through cookingresponse1580Brush with oil, season as desired200°C24 minsFlip 2 or 3 times through cookingresponse1580Brush with oil, season as desired200°C24 minsFlip 2 or 3 times through cookingresponse1580Brush with oil, season as desired200°C24 minsFlip 2 or 3 times through cookingresponse1580Brush with oil, season as desired200°C10-10 mins <td>Sausages</td> <td>20, 1.2kg</td> <td>N/A</td> <td>200°C</td> <td>18-23 mins</td> <td>Turn frequently through cooking</td>	Sausages	20, 1.2kg	N/A	200°C	18-23 mins	Turn frequently through cooking
Chicken thighs, bonelesColorRained or seasoned as desired20°C1215 minsFile hallway through cookingChicken thighs, bone in8 (70-190 gach)Marinate or seasoned as desired20°C16-19 minsFile Jallway through cookingChicken thighs, bone in15kMarinate or seasoned as desired20°C24-26 minsFile Jallway through cookingChicken thighs, bone in15kMarinate or seasoned as desired20°C7-8 minsFile Jallway through cookingCore12 (20-160 gach)Whole, brush with oil, season as desired20°C45-50 minsFile Jallway through cookingBeetroot12 (20-160 gach)Whole, brush with oil, season as desired20°C5-7 minsSo fraquently through cookingrederster12 (20-160 gach)Whole, brush with oil, season as desired20°C20-25 minsToss fraquently through cookingrederster12 (20-160 gach)Halved, toss in oil, season as desired20°C20-25 minsToss fraquently through cookingrederster12 kgHalved, toss in oil, season as desired20°C18-23 minsToss fraquently through cookingrederster14 kgPeel, cut into Scr pieces, brush with oil, season as desired20°C18-23 minsFile 2 or 3 times through cookingcultificar14 kgNo sksBenove thick strms, shred, toss in oil, season as desired20°C18-23 minsFile 2 or 3 times through cookingcultificar16 kgWine, cut in quarters, stoss with oil, season as desired20°C19-12 minsFile 2 or 3 times through	POULTRY					
chicken highs, bone in chicken migs8 (700-190g each)Marinate or seasoned as desired200°C16-19 minsFlip halfway through cooking/ Edet migs1.5kgMarinate or seasoned as desired200°C24-26 minsFlip 2-3 times through cooking/ Edet migs4 bunches, likaTimmed, brush with oil, season as desired200°C7-8 minsFlip 2-3 times through cooking/ Edet migs4 bunches, likaTimmed, brush with oil, season as desired200°C7-8 minsFlip halfway through cooking/ Edet migs8 pepters8 peptersCui in quarters, deseeded, brush with oil, season as desired200°C12-14 minsFlip halfway through cooking/ ruseis sprouts1.5kgBruhed, tos in oil, season as desired200°C20-25 minsToss frequently through cooking/ ruseis sprouts1.2kgHalved, tos in oil, season as desired200°C12-14 minsFlip 2 or 3 times through cooking/ ruseis sprouts1.2kgCui tho 4cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cooking/ ruseis sprouts1.0kgRush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cooking/ ruseis sprouts1.0kgRush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cooking/ ruseis sprouts1.0kgRush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cooking/ ruseis sprouts1.0kgRush with oil, season as desired200°C12-15 minsFlip 10	Chicken breast	8-10 (150-200g each)	Marinate or seasoned as desired	200°C	22-28 mins	Flip halfway through cooking
LikgMarinate or seasoned as desired200°C24-26 minsFilp 2-3 times through cooking# Supprague4 bunches, lkgTrimmed, brush with oil, season as desired200°C7-8 minsFilp 2-0 T stimes through cooking# Supprague12 (20-160g each)Whole, brush with oil, season as desired200°C7-8 minsFilp halfway through cooking# setroot12 (20-160g each)Whole, brush with oil, season as desired200°C12-14 minsFilp halfway through cooking# setroot15 kgBrush with oil, season as desired200°C5-7 minsToss frequently through cooking# rusek is prouts12 kgHalved, toss in oil, season as desired200°C20-25 minsToss frequently through cooking# rusek is prouts12 kgHalved, toss in oil, season as desired200°C12-24 minsFilp 2 or 3 times through cooking# rusek is prouts12 kgCut into 4cm pieces, brush with oil, season as desired200°C12-25 minsToss frequently through cooking2 and the Cob10 husksBrush with oil, season as desired200°C12-14 minsFilp 2 or 3 times through cooking2 and the Cob10 husksBrush with oil, season as desired200°C12-14 minsFilp 2 or 3 times through cooking2 and the Cob10 husksBrush with oil, season as desired200°C12-14 minsFilp 2 or 3 times through cooking2 and the Cob10 husksBrush with oil, season as desired200°C12-14 minsFilp 2 or 3 times through cooking2 and the Cob12 kgQ	Chicken thighs, boneless	12 (80-100g each)	Marinate or seasoned as desired	200°C	12-15 mins	Flip halfway through cooking
Preferable         Procession         Process	Chicken thighs, bone in	8 (170-190g each)	Marinate or seasoned as desired	200°C	16-19 mins	Flip halfway through cooking
Asparagus4 bunches, lkgTrimmed, brush with oil, season as desired20°C7-8 minsFlip 2 of 3 times through cookingbetroot12 (20-160g each)Whole, brush with oil, season as desired20°C45-50 minsFlip halfway through cookingbetpers8 pepersCut in quarters, deseeded, brush with oil, season as desired20°C12-14 minsFlip halfway through cookingenderstem broccol1.5kgBush with oil, season as desired20°C57 minsToss frequently through cookingcarrots1.4kgPeel, cut into 5cm pieces, brush with oil, season as desired20°C18-23 minsToss frequently through cookingcarrots1.4kgCut into 4cm pieces, brush with oil, season as desired20°C12-14 minsFlip 2 or 3 times through cookingcarrots1.4kgRenow thitk setson, as desired20°C12-14 minsFlip 2 or 3 times through cookingcarrots1.0kgRenow thitk oil, season as desired20°C12-14 minsFlip 2 or 3 times through cookingcarrots1.0kgRenow thitk oil, season as desired20°C10-12 minsFlip 2 or 3 times through cookingcarrot set carrots90gTimmed, brush with oil, season as desired20°C10-12 minsFlip Alfway through cookingcarrot set carrot set	Chicken wings	1.5kg	Marinate or seasoned as desired	200°C	24-26 mins	Flip 2-3 times through cooking
detervot12 (120-160 geach)Whole, brush with oil, season as desired200°C45-50 minsFlip halfway through cookingdeeppers8 peppersCut in quarters, deseeded, brush with oil, season as desired200°C12-14 minsFlip halfway through cookingenderstem broccoli15kgBrush with oil, season as desired200°C5-7 minsToss frequently through cookingstrustes sprouts12kgHalved, toss in oil, season as desired200°C20-25 minsToss frequently through cookingcarrots14kgPeel, cut into 5cm pieces, brush with oil, season as desired200°C18-23 minsToss frequently through cookingcarrots12kgKut into 4cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cookingcarrot no the Cob10 husksBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingcale (for crisps)400gRemove thick stems, shred, toss in oil, season as desired200°C10-12 minsToss frequently through cookingdushroomskg900gTimmed, brush with oil, season as desired200°C10-12 minsToss frequently during cookingtotage15kgHand cut fries, 'thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingtotage15kgHand cut fries, 'thin, toss with oil, season as desired200°C20-22 minsShake frequently during cookingtotage15kgHand cut fries, 'think, toss with oil, season as desired200°C20-22	VEGETABLES					
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IndexInstructionInstructionInstructionarrives broccoli15kgBrush with oil, season as desired20°C5-7 minsToss frequently through cookingarrives broccoli12kgHalved, toss in oil, season as desired200°C20-25 minsToss frequently through cookingarrives broccoli12kgCut into 5cm pieces, brush with oil, season as desired200°C18-23 minsToss frequently through cookingarrives broccoli12kgCut into 4cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cookingarrives broccoli10 husksBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingcorn on the Cob10 husksBrush with oil, season as desired200°C10-12 minsToss frequently through cookingcale (for crisps)400gRemove thick stems, shred, toss in oil, season as desired200°C10-12 minsToss frequently through cookingsteen beans900gTrimmed, brush with oil, season as desired200°C8-10 minsFlip halfway through cookingtush corn wedges, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingtush corn r15kgLand cut fries, "thin, toss with oil, season as desired200°C25 minsShake frequently during cookingtush corn wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingtush corn wedges, toss with oil, season as desired200°C200°C55 minsShake frequently	Beetroot	12 (120-160g each)	Whole, brush with oil, season as desired	200°C	45-50 mins	Flip halfway through cooking
strustels sprouts12kgHalved, toss in oil, season as desired200°C20-25 minsToss frequently through cookingcarrots1.4kgPeel, cut into 5cm pieces, brush with oil, season as desired200°C18-23 minsToss frequently through cookingcauliflower1.2kgCut into 4cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cookingcorn on the Cob10 husksBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingcall (for crisps)400gRemove thick stems, shred, toss in oil, season as desired200°C10-12 minsToss frequently through cookingcall (for crisps)400gRemove thick stems, shred, toss in oil, season as desired200°C10-12 minsToss frequently through cookingcare beans900gTrimmed, brush with oil, season as desired200°C10-12 minsToss frequently through cookingtushroomskgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingtushrooms15kgLand cut fries, 'thin, toss with oil, season as desired200°C200°C5-minsShake frequently during cookingtushrooms15kgHand cut fries, 'thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingtushrooms15kgHand cut fries, 'think, toss with oil, season as desired200°C20-25 minsShake frequently during cookingtushrooms15kgHand cut fries, 'think, toss with oil, season as d	Peppers	8 peppers	Cut in quarters, deseeded, brush with oil, season as desired	200°C	12-14 mins	Flip halfway through cooking
Larters1.4kgPeel, cut into 5cm pieces, brush with oil, season as desired200°C18-23 minsToss frequently through cookingCauliflower1.2kgCut into 4cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cookingCorn on the Cob10 husksBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingCorn on the Cob0.0 under cristical400gRemove thick stems, shred, toss in oil, season as desired150°C10-12 minsToss frequently through cookingCare beans90gTrimmed, brush with oil, season as desired200°C10-12 minsToss frequently through cookingAushrooms1kgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip haffway through cookingAushrooms1.5kgCut in 2.5cm "wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, "thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, "thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, "thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, "thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, "thin, toss with o	Tenderstem broccoli	1.5kg	Brush with oil, season as desired	200°C	5-7 mins	Toss frequently through cooking
AdditionCut into 4 cm pieces, brush with oil, season as desired200°C12-14 minsFlip 2 or 3 times through cookingCarn on the Cob10 husksBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingCale (for crisps)400gRemove thick stems, shred, toss in oil, season as desired150°C10-12 minsToss frequently through cookingGale (for crisps)900gTrimmed, brush with oil, season as desired200°C8-10 minsToss frequently through cookingAushroomsIkgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingAushroomsIkgCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingAushroomsIkgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushroomsIkgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushroomsIkagHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushroomsIkagHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushroomsIkagCut in 2.5cm cubes200°C22-25 minsShake frequently during cookingAushroomsIkagCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingAushroo	Brussels sprouts	1.2kg	Halved, toss in oil, season as desired	200°C	20-25 mins	Toss frequently through cooking
Corn on the Cob10 hukssBrush with oil, season as desired200°C12-15 minsFlip 2 or 3 times through cookingCale (for crisps)400gRemove thick stems, shred, toss in oil, season as desired150°C10-12 minsToss frequently through cookingGreen beans900gTrimmed, brush with oil, season as desired200°C8-10 minsToss frequently through cookingAushroomskgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingAushrooms15.8gCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thin, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *think, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thick, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thick, toss with oil, season as desired200°C20-22 minsShake frequently during cookingAushrooms15.8gHand cut fries, *thick, toss with oil, season as desired<	Carrots	1.4kg	Peel, cut into 5cm pieces, brush with oil, season as desired	200°C	18-23 mins	Toss frequently through cooking
Kale (for crisps)400gRemove thick stems, shred, toss in oil, season as desired150°C10-12 minsToss frequently through cookingGreen beans900gTrimmed, brush with oil, season as desired200°C10-12 minsToss frequently through cookingAushrooms1kgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingAushrooms1.5kgCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *think, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms1.5kgLang cut fries, *thick, toss with oil, season as desired200°C20-22 minsShake frequently during cookingAushrooms1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingAushrooms1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingAushrooms1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingAushrooms	Cauliflower	1.2kg	Cut into 4cm pieces, brush with oil, season as desired	200°C	12-14 mins	Flip 2 or 3 times through cooking
Streen beans900gTrimmed, brush with oil, season as desired200°C10-12 minsToss frequently through cookingAushrooms1kgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingAushrooms1.5kgCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thick, toss with oil, season as desired200°C20-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cookingAushrooms1.5kgHand cut fries, *thick, toss with oil, season as desired200°C20-22 minsShake frequently during cookingAushrooms1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingAushrooms1.2kgCut in 6.5cm cubes200°C40-45 minsShake frequently during cookingAushrooms1.2kgCut in 6.5cm cubes200°C40-45 minsShake	Corn on the Cob	10 husks	Brush with oil, season as desired	200°C	12-15 mins	Flip 2 or 3 times through cooking
AushroomsIkgWipe, cut in quarters, toss with oil, season as desired200°C8-10 minsFlip halfway through cookingPotatoes, white, King cdward, Maris Piper or Russet1.5kgCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cooking1.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cooking1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking10 whole (185-250g each)Pierce with a fork200°C45-50 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C20-22 minsShake frequently during cooking200°C200°C20-22 minsShake frequently during cooking200°C40-45 minsShake frequently during cooking200°C200°C40-45 mins	Kale (for crisps)	400g	Remove thick stems, shred, toss in oil, season as desired	150°C	10-12 mins	Toss frequently through cooking
Potatoes, white, King dward, Maris Piper1.5kgCut in 2.5cm *wedges, toss with oil, season as desired200°C25 minsShake frequently during cooking1.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cooking1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking10 whole (185-250g each)Pierce with a fork200°C45-50 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-25 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-25 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-25 minsShake frequently during cookingPotatoes, sweet<	Green beans	900g	Trimmed, brush with oil, season as desired	200°C	10-12 mins	Toss frequently through cooking
Potatoes, white, King Gward, Maris Piper or Russet1.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cooking1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking10 whole (185-250g each)Pierce with a fork200°C45-50 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-25 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C40-45 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20°C40-45 minsShake frequently during cooking	Mushrooms	1kg	Wipe, cut in quarters, toss with oil, season as desired	200°C	8-10 mins	Flip halfway through cooking
Idward, Maris PiperI.5kgHand cut fries, *thin, toss with oil, season as desired200°C20-25 minsShake frequently during cookingor Russet1.5kgHand cut fries, *thick, toss with oil, season as desired200°C22-25 minsShake frequently during cooking10 whole (185-250g each)Pierce with a fork200°C45-50 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgCut in 2.5cm cubes200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C20-22 minsShake frequently during cookingPotatoes, sweet1.2kgFierce with a fork200°C40-45 minsShake frequently during cooking		1.5kg	Cut in 2.5cm *wedges, toss with oil, season as desired	200°C	25 mins	Shake frequently during cooking
Instruction     Find cut tries, trick, toss with oil, season as desired     20°C     22-25 mins     Shake frequently during cooking       10 whole (185-250g each)     Pierce with a fork     200°C     45-50 mins     Shake frequently during cooking       Potatoes, sweet     1.2kg     Cut in 2.5cm cubes     200°C     20°C     20-22 mins     Shake frequently during cooking       Potatoes, sweet     1.2kg     Cut in 2.5cm cubes     200°C     20°C     20-22 mins     Shake frequently during cooking       Potatoes, sweet     1.2kg     Pierce with a fork     200°C     40-45 mins     Shake frequently during cooking	Potatoes, white, King Edward, Maris Piper	1.5kg	Hand cut fries, *thin, toss with oil, season as desired	200°C	20-25 mins	Shake frequently during cooking
Potatoes, sweet     1.2kg     Cut in 2.5cm cubes     200°C     20-22 mins     Shake frequently during cooking       8-10 whole (185-250g each)     Pierce with a fork     200°C     40-45 mins     Shake frequently during cooking	or Russet	1.5kg	Hand cut fries, *thick, toss with oil, season as desired	200°C	22-25 mins	Shake frequently during cooking
Potatoes, sweet     8-10 whole (185-250g each)     Pierce with a fork     200°C     40-45 mins     Shake frequently during cooking		10 whole (185-250g each)	Pierce with a fork	200°C	45-50 mins	Shake frequently during cooking
8-10 whole (185-250g each) Pierce with a fork 200°C 40-45 mins Shake frequently during cooking	Datata a succet	1.2kg	Cut in 2.5cm cubes	200°C	20-22 mins	Shake frequently during cooking
Courgette 1.5kg Cut in quarters lengthwise, brush with oil, season 200°C 18-20 mins Flip halfway through cooking	Polaloes, sweet	8-10 whole (185-250g each)	Pierce with a fork	200°C	40-45 mins	Shake frequently during cooking
	Courgette	1.5kg	Cut in quarters lengthwise, brush with oil, season	200°C	18-20 mins	Flip halfway through cooking



# Want to add smoke? See page 8 for Woodfire Flavour Technology interaction.

FOOD	AMOUNT	PREPARATION	COOK TEMP	COOK TIME	INTERACTION
FROZEN					
Veggie sausages	18, 900g	N/A	200°C	15 mins	Flip halfway through cooking
Veggie burgers	7 (100g each)	N/A	200°C	18-20 mins	Flip halfway through cooking
Burgers	7 (110g each)	N/A	200°C	18-20 mins	Flip halfway through cooking
Fish Fingers	20	N/A	200°C	10-12 mins	Flip halfway through cooking
Chunky Chips	1.5kg	N/A	200°C	25-28 mins	Flip halfway through cooking
Potato Wedges	1kg	N/A	200°C	15-18 mins	Flip halfway through cooking
Hash Browns	900g	N/A	200°C	18-20 mins	Flip halfway through cooking
Fish fillets in batter	6-7	N/A	200°C	18-20 mins	Flip halfway through cooking
Roast Potatoes	1.4kg	N/A	200°C	22-25 mins	Flip halfway through cooking
French Fries	700g	N/A	200°C	14-17 mins	Flip halfway through cooking
French Fries	1.3kg	N/A	200°C	25-28 mins	Flip halfway through cooking
Chicken nuggets	1.2kg	N/A	200°C	15-18 mins	Flip halfway through cooking
Onion rings	600g	N/A	200°C	11-13 mins	Flip halfway through cooking
Chicken dippers	1.2kg	N/A	200°C	14-17 mins	Flip halfway through cooking
Chicken Kiev	10	N/A	190°C	25 mins	Flip halfway through cooking



MAKES: APPROX. 500ml | MARINATING TIME: 2-12 HOURS STORE: REFRIGERATE FOR UP TO 2 WEEKS

Place all ingredients in a bowl and whisk until evenly combined.

SWEET BBO SAUCE

250ml tomato ketchup

215g brown sugar

85ml apple cider vinegar

2 tablespoons yellow mustard

1 tablespoon Worcestershire sauce

1 tablespoon honey

2 teaspoons chilli powder

Sea salt and ground black

pepper, as desired

# **SPICE RUBS**

MAKES: APPROX. 125g-250g (DOUBLE THE INGREDIENTS FOR A LARGER OUTPUT) | SEASON: GENEROUSLY STORE: UP TO 6 MONTHS IN AN AIRTIGHT CONTAINER AWAY FROM LIGHT AND HEAT

Place all ingredients in a bowl and mix until evenly combined.

## JAMAICAN JERK SPICE BLEND

1 tablespoon garlic powder 1 tablespoon onion powder 1 tablespoon brown sugar 1 tablespoon dried parsley 2 teaspoons cayenne pepper 1 teaspoon ground cinnamon 1 teaspoon salt ½ teaspoon ground black pepper ½ teaspoon ground allspice ½ teaspoon ground clove ½ teaspoon chilli flakes ½ teaspoon chilli powder ½ teaspoon paprika ½ teaspoon ground nutmeg

## **CAJUN SPICE BLEND**

1 teaspoon garlic powder 1 teaspoon onion powder ½ teaspoon white pepper ¼ teaspoon cayenne pepper 1 teaspoon salt 1 teaspoon paprika

1 teaspoon salt 1 teaspoon paprika ½ teaspoon dried thyme 1 teaspoon dried oregano

## **MEXICAN STYLE SPICE BLEND**

2 teaspoons ground cumin 1 teaspoon ground coriander 1 tablespoon salt 2 teaspoons chilli powder 2 teaspoons onion powder 2 teaspoons garlic powder 1 teaspoon dried oregano ½ teaspoon chipotle chilli powder (optional)

## **SPICY MUSTARD SAUCE**

HORSERADISH

MAYONNAISE

250ml mayonnaise

65ml apple cider vinegar

2 tablespoons dark brown sugar

1 tablespoon brown mustard

2 teaspoons prepared horseradish

1 teaspoon lemon juice

1 teaspoon hot sauce

Salt and ground black pepper.

as desired

250ml yellow mustard 65ml apple cider vinegar 65ml honey 1 tablespoon Worcestershire sauce 1 tablespoon soy sauce 1 tablespoon chilli powder 1 teaspoon garlic powder Salt and ground black pepper as desired

## APPLE VINEGAR SAUCE

HOT & SPICY

250ml mavonnaise

125ml sweet chilli sauce

65ml sunflower oil

65ml tomato ketchup

2 tablespoons lemon juice

1 tablespoon Worcestershire sauce

1 tablespoon vellow mustard

2 teaspoons garlic powder

1 teaspoon onion powder

500ml apple cider vinegar 2 tablespoons dark brown sugar 1 tablespoon tomato ketchup 1 tablespoon chilli sauce Sea salt and ground black

pepper, as desired

## **SPICY SPICE BLEND**

1 tablespoon brown sugar 2 teaspoons cayenne pepper 1 teaspoon salt 1 teaspoon smoked paprika 1 teaspoon cumin ½ teaspoon chilli powder

## CAFÉ MOCHA SPICE BLEND

70g brown sugar 2 teaspoons cayenne pepper (optional) 1 teaspoon salt 1 tablespoon smoked paprika 50g coffee 50g cocoa powder

## **BASIC BBQ SPICE RUB**

55g brown sugar 60g smoked paprika 3 tablespoons ground black pepper 2 tablespoon salt 2 teaspoons garlic powder 2 teaspoons onion powder Gear up with accessories for your new grill on **ninjakitchen.co.uk** 

SCAN HERE for accessories



